

Michael Miller FABRICS

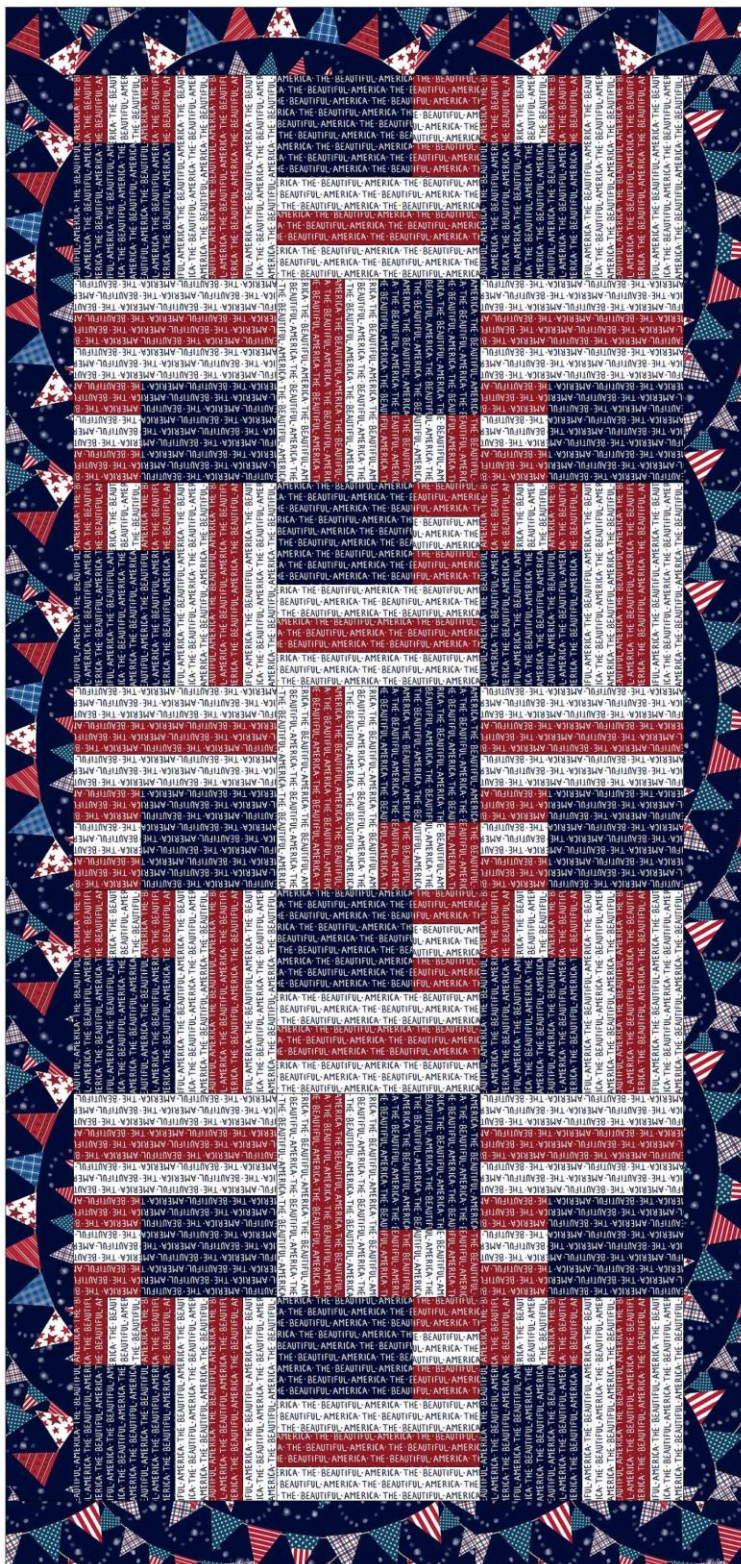
RUNNING PROUD

SIZE: 22" W x 46" H

LEVEL: Beginner

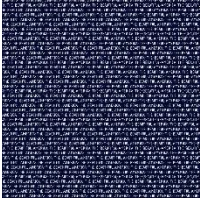
PATTERN BY: Joy Heimark

FABRIC COLLECTION: ALL AMERICAN



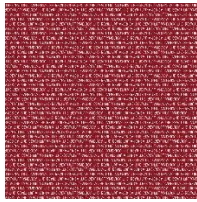
RUNNING PROUD

FABRIC REQUIREMENTS



FABRIC A

CX10929 American the Beautiful
Navy
3/8 yard



FABRIC B

CX10929 American the Beautiful
Red
1/3 yard



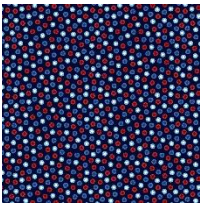
FABRIC C

CX10929 American the Beautiful
Indigo
1/2 yard



FABRIC D

CX10926 Patriotic Pennants Navy
1/2 yard



FABRIC E (BINDING)

CX10930 Fired Up Navy
1/3 yard



FABRIC F (BACKING)

CX10927 Celebrate American Multi
1-7/8 yard

RUNNING PROUD

KEY	CUTTING INSTRUCTIONS
A	(2) 4½" x WOF strip. Sub-cut (21) 4½" x 3½" rectangles.
B	(1) 6½" x WOF strip. Sub-cut (21) 1½" x 6½" rectangles. (2) 2½" x WOF strip. Sub-cut (42) 2½" x 1½" rectangles.
C	(2) 6½" x WOF strip. Sub-cut (42) 1½" x 6½" rectangles. (1) 2½" x WOF strip. Sub-cut (21) 2½" x 1½" rectangles.
D	(1) 18" x WOF strips. Sub-cut (10) 18" x 2½" strips. Note: These strips will be pieced end to end for outer border. Of this 180" you will need approximately 130", so you may wish to fussy cut the strips to create desired matching of design elements.
E	(4) 2½" x WOF strips. Set aside for binding.
F	Cut and piece backing to preferred size.
	Batting to fit

RUNNING PROUD

Block Assembly (Make 21)

- Step 1: Sew a Fabric B $1\frac{1}{2}$ " x $2\frac{1}{2}$ " rectangle on each side of a Fabric C $1\frac{1}{2}$ " x $2\frac{1}{2}$ " rectangle. Press toward Fabric B.
- Step 2: Sew a Fabric A $4\frac{1}{2}$ " x $3\frac{1}{2}$ " rectangle to the left side of the above unit, making sure all words are running in the correct direction. Press toward Fabric A.
- Step 3: Sew a Fabric C $1\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangle on each side of a Fabric B $1\frac{1}{2}$ " x $6\frac{1}{2}$ " rectangle. Press toward Fabric B.
- Step 4: Sew the Step 3 unit to the bottom of the unit made in Step 2 above. Press away from Fabric C.

Completing the Quilt

- Step 1. Using quilt diagram as a guide for correct directional orientation, lay out blocks and sew into rows. Press seams in one direction per row, alternating by rows.
- Step 2. Join rows together to complete quilt center. Your quilt should measure $18\frac{1}{2}$ " x $42\frac{1}{2}$ ".

Outer Border

- Step 1. Piece together the 18 " x $2\frac{1}{2}$ " strips end to end to make the outer border.
- Step 2. Measure the length of your quilt center and cut 2 outer border pieces to that length.
- Step 3. Sew these two long borders onto sides of the quilt. Press toward outer borders.
- Step 4. Measure the width of your quilt center and cut 2 outer border pieces to that length.
- Step 5. Sew these borders to the ends of your quilt. Press toward outer borders.

Finishing

Layer quilt top, backing and batting together to form a quilt sandwich. Baste and quilt as desired.