

# On The Chopping Block Table Runner

by Susan Emory

14" x 44"



## Fabric Requirements:

Background: 1/3 yard

Border: 1/4 yard

Binding: 1/4 yard

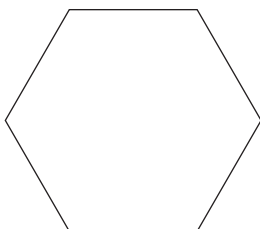
Backing: 5/8 yard

Appliqués:

Fat Quarters or Scraps at least 8" x 10"

Fusible Web: 1 yard

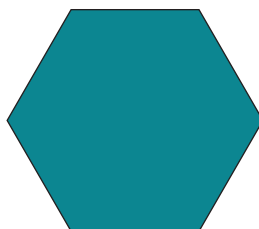
Batting: Approximately 16" x 46"



Background:  
SC5333 Bright White  
Cotton Couture  
1/3 yard



Border:  
CX8250 Multi  
On The Chopping Block  
1/4 yard

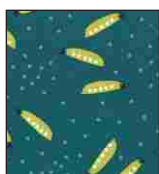


Binding:  
SC5333 Marine  
Cotton Couture  
1/4 yard

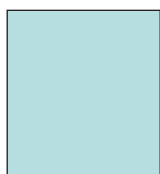


Backing:  
CX8252 Indigo  
Peas in a Pod  
5/8 yard

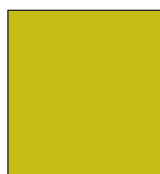
Appliqués: Note, I also used scraps of background and binding fabrics.



CX8252 Teal  
Peas in a Pod



SC5333 Glass  
Cotton Couture



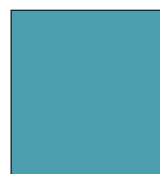
SC5333 Grass  
Cotton Couture



SC5333 Jewel  
Cotton Couture



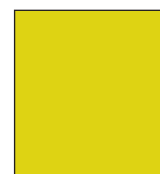
SC5333 Lava  
Cotton Couture



SC5333 Ocean  
Cotton Couture



SC5333 Orange  
Cotton Couture



SC5333 Starfruit  
Cotton Couture

# On The Chopping Block Table Runner

14" x 44"

## **CUTTING:**

WOF = Width of Fabric

### **From background fabric, cut:**

[1] 10-1/2" x WOF strip; subcut [1] 10-1/2" x 40-1/2" rectangle

### **From border fabric, cut:**

[3] 2-1/2" x WOF strips; subcut [2] 2-1/2" x 40-1/2" rectangles and 2-1/2" x 14-1/2" rectangles

### **From binding fabric, cut:** [3] 2-1/2" x WOF strips

## **PIECING:**

Sew a 2-1/2" x 40-1/2" border rectangle to top of background rectangle. Press toward border. Sew second 2-1/2" x 40-1/2" border rectangle to bottom of background rectangle. Press toward border.

Sew a 2-1/2" x 14-1/2" border rectangle to each side of background rectangle and press toward borders.



## **QUILTING\*:**

Backing: The width of my backing was adequate without piecing. If your backing isn't wide enough, cut a 16" x WOF strip and sew a piece of the remaining fabric to one end.

Layer background with batting and backing and quilt.

**\*Note:** I quilted the background with straight stitching in a variety of coordinating colors of thread, then appliquéd on top of the quilting. If you don't want your appliquéd stitches to show on the back you may want to appliquéd first and then quilt.

## **APPLIQUÉ:**

Trace appliqué shapes (Page 3-7) onto the paper side of fusible web. DO NOT cut the shapes on the drawn line. Cut them apart at least 1/8" outside the line. Lay a fusible web shape, paper side up, on the wrong side of an appliqué scrap and press according to fusible web manufacturer's directions. Let fabric cool, then cut out shape on the drawn line. Repeat for remaining appliqué shapes.

Peel off paper from appliqué shapes and arrange appliqués on background. Fuse to background, following manufacturer's directions.

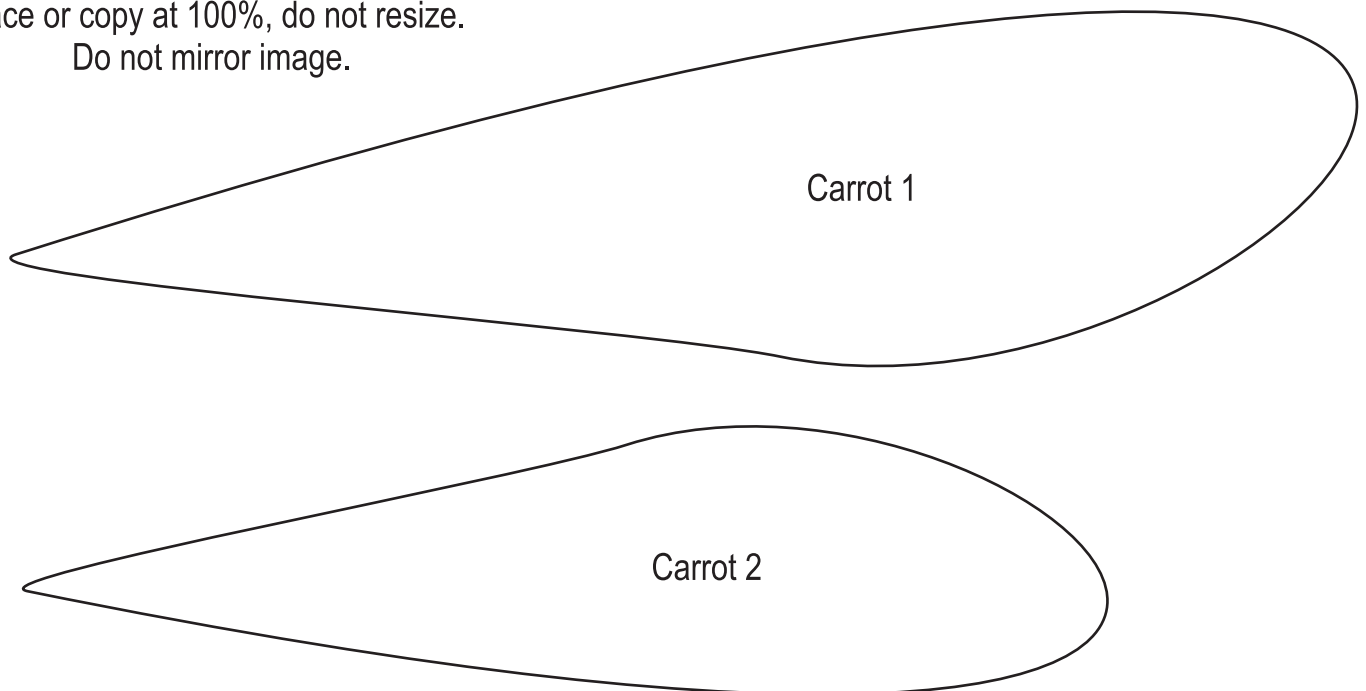
Stitch the appliqués using the stitch of your choice. I used a blanket stitch. You can also use a zig zag, satin or straight stitch.

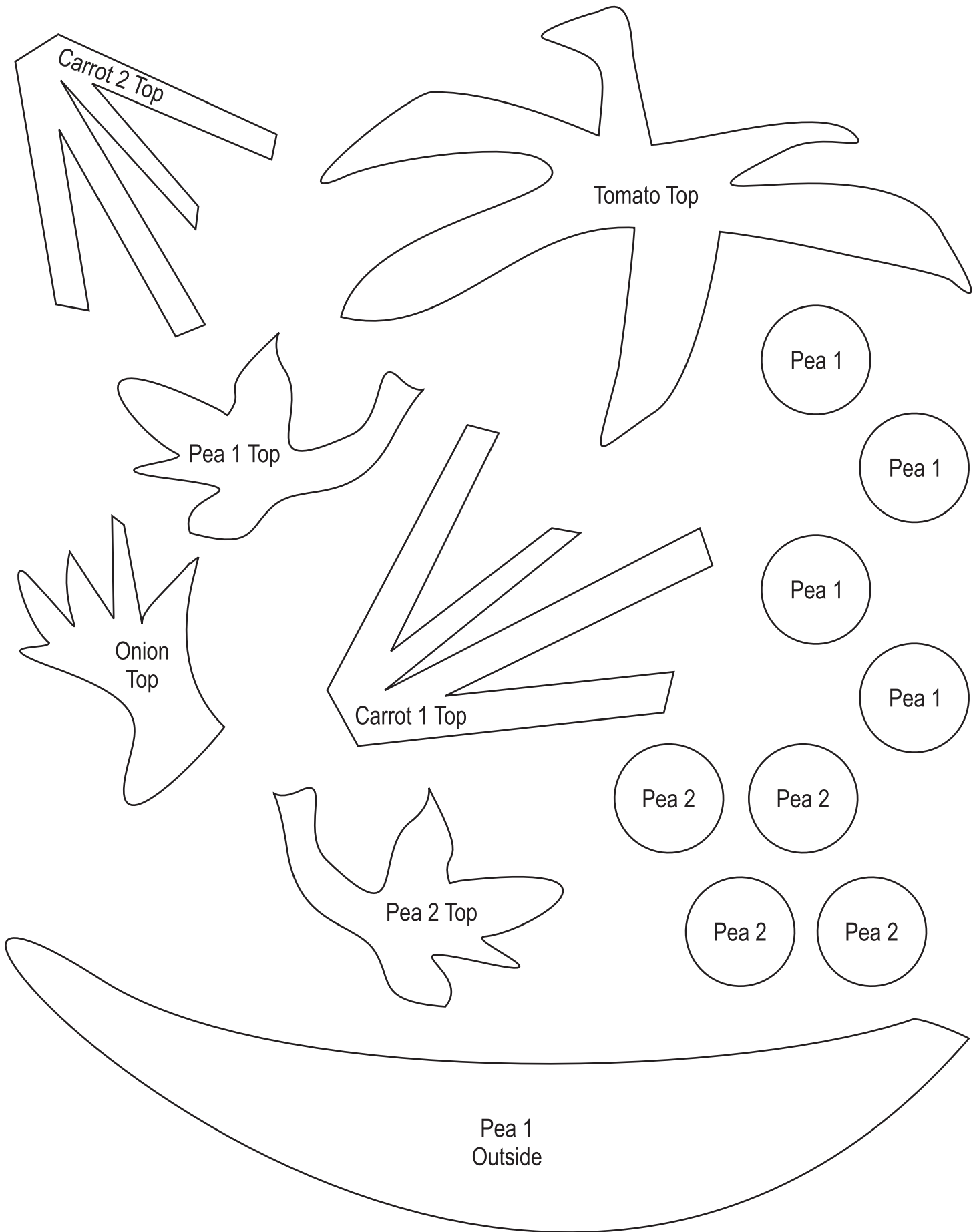


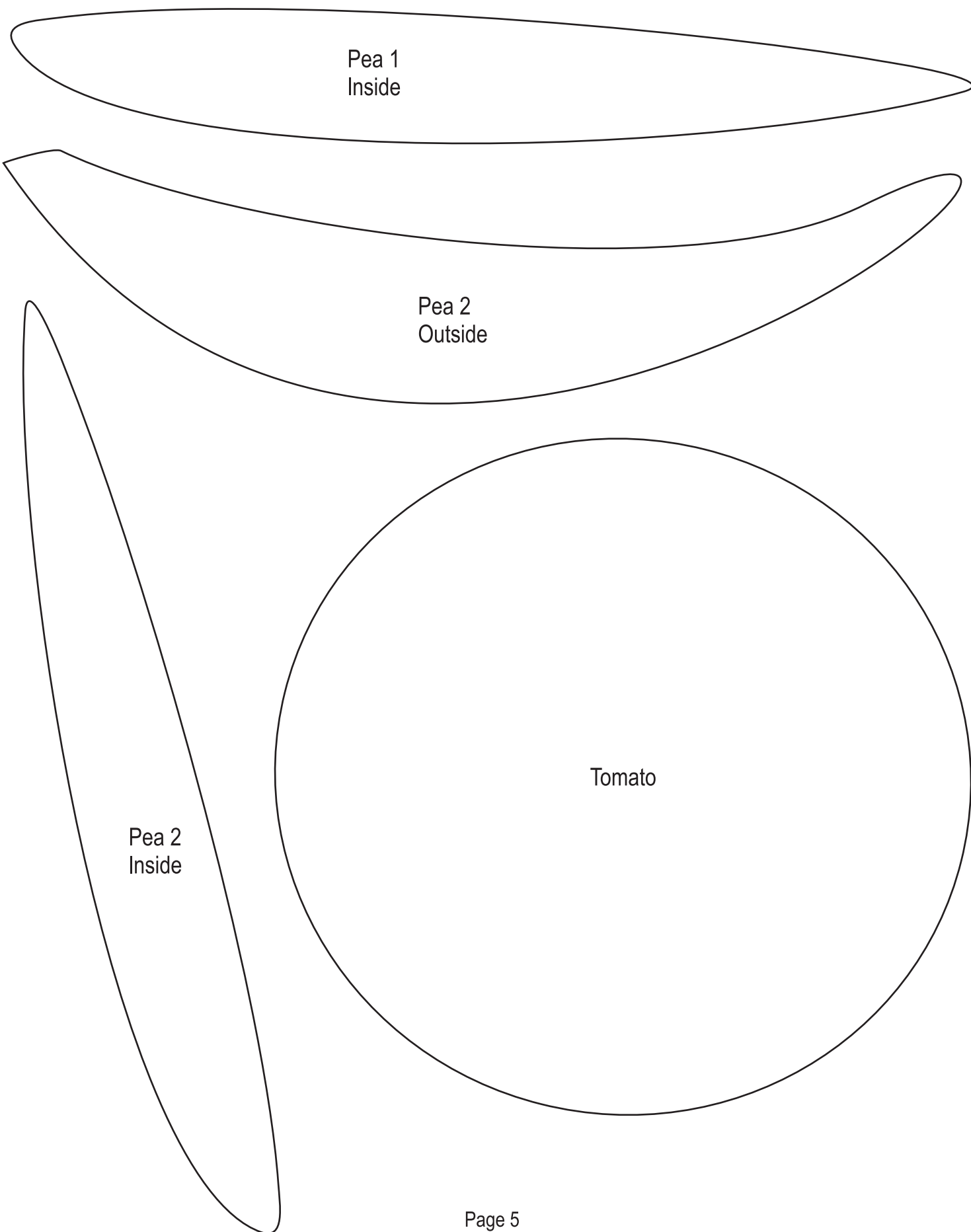
When quilting and appliqué are complete, join binding strips together, end to end. Press in half, lengthwise, wrong sides together. Sew binding to front of table runner. Turn binding to back and stitch down.

## **APPLIQUÉS**

Trace or copy at 100%, do not resize.  
Do not mirror image.







Onion  
Layers

