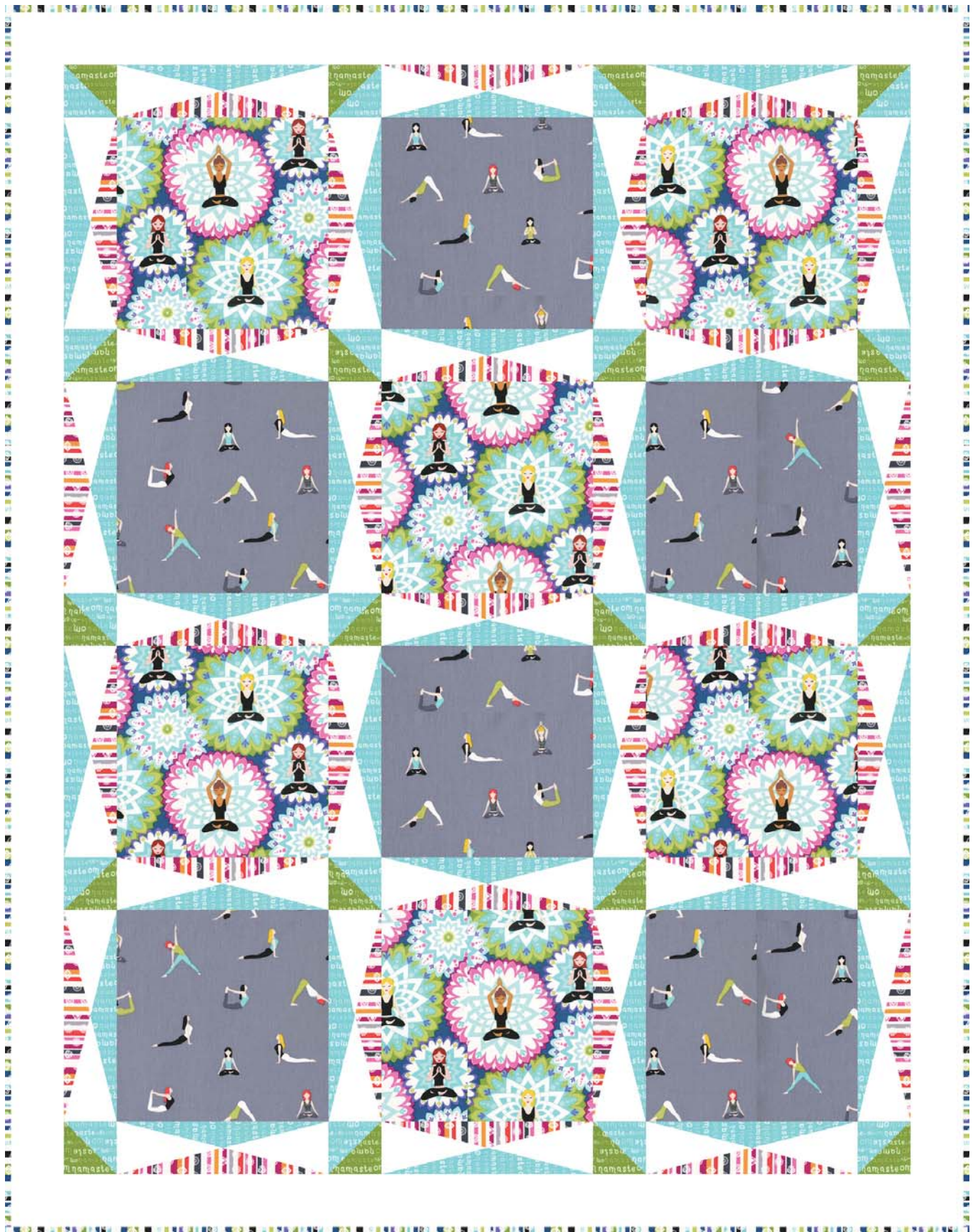


michael miller FABRICS

NAMASTE Quilt

Size: 36" W x 46" H | Designed by Heidi Pridemore | Level: Intermediate



Free Pattern available on michaelmillerfabrics.com



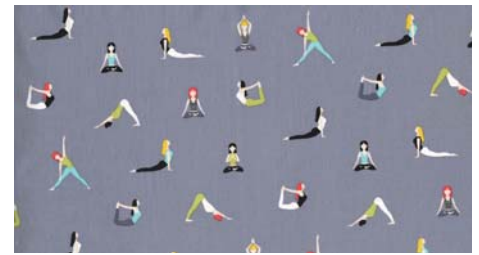
FABRIC REQUIREMENTS



**CX7530-CELESTIAL
MANDALA LOTUS**
2/3 YARD (BLOCKS)



**CX7530-SPA
MANDALA LOTUS**
1-1/2 YARDS (BACKING)



**CX7531-SPA
GOOD POSTURE**
2/3 YARD (BLOCKS)



**CX7532-CELESTIAL
CHAKRA STRIPE**
1/2 YARD (BINDING)



**CX7532-HAPPY
CHAKRA STRIPE**
2/3 YARD (BLOCKS)



**CX7533-GREEN TEA
NAMASTE**
1/4 YARD (BLOCKS)



**CX7533-SPA
NAMASTE**
3/4 YARD (BLOCKS)



**SC5333-WHITE
COTTON COUTURE**
2/3 YARD (BORDER & BLOCKS)

FABRIC REQUIREMENTS

SKU	YARDAGE PER ONE QUILT	# OF BOLTS FOR 12 KITS	# OF BOLTS FOR 24 KITS
(A) CX7530-CELESTIAL	2/3 YARD	1 BOLT (4 YARDS)	1 BOLT (8 YARDS)
(B) CX7531-SPA	2/3 YARD	1 BOLT (4 YARDS)	1 BOLT (8 YARDS)
(C) CX7532-HAPPY	2/3 YARD	1 BOLT (4 YARDS)	1 BOLT (8 YARDS)
(D) SC5333-WHITE	2/3 YARD	1 BOLT (4 YARDS)	1 BOLT (8 YARDS)
(E) CX7533-SPA	3/4 YARD	1 BOLT (4-1/2 YARDS)	1 BOLT (9 YARDS)
(F) CX7533-GREEN TEA	1/4 YARD	1 BOLT (3 YARDS)	1 BOLT (6 YARDS)
(G) CX7532-CELESTIAL	1/2 YARD	1 BOLT (6 YARDS)	1 BOLT (12 YARDS)
(BACK) CX7530-SPA	1-1/2 YARDS	1 BOLT (9 YARDS)	2 BOLTS (18 YARDS)
TOTAL BOLTS NEEDED		8 BOLTS (7 W/ O BACK)	9 BOLTS (7 W/ O BACK)

WE DO OUR BEST TO MAKE SURE THESE ARE ACCURATE YARDAGES BUT THESE ARE ESTIMATES UNTIL THE FINAL PATTERN IS COMPLETED AND EDITED. THANK YOU.

"Namaste - Quilt"

Quilt by Heidi Pridemore

Size: Approximately 36" x 46" Skill Level: Intermediate

Materials

Cutting instructions

Please Note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

	Fabric	Yardage	Cutting
(A)	CX7530-Celestial Mandala Lotus – Celestial	$\frac{2}{3}$ yard	<ul style="list-style-type: none"> • Cut two 8 $\frac{1}{2}$" x WOF strips. Sub-cut the strips into six 8 $\frac{1}{2}$" squares.
(B)	CX7531-Spa Good Posture – Spa	$\frac{2}{3}$ yard	<ul style="list-style-type: none"> • Cut two 8 $\frac{1}{2}$" x WOF strips. Sub-cut the strips into six 8 $\frac{1}{2}$" squares.
(C)	CX7532-Happy Chakra Stripe – Happy	$\frac{2}{3}$ yard	<ul style="list-style-type: none"> • See instructions to cut thirty-one Template 1 triangles. • See instructions to cut thirty-one Template 3 triangles.
(D)	SC5333-White Cotton Couture – White	1 yard	<ul style="list-style-type: none"> • Cut two 2 $\frac{1}{2}$" x 42 $\frac{1}{2}$" WOF strips, piece as needed. • Cut two 2 $\frac{1}{2}$" x 36 $\frac{1}{2}$" WOF strips. • See instructions to cut sixty-two Template 2 triangles.
(E)	CX7533-Spa Namaste – Spa	$\frac{3}{4}$ yard	<ul style="list-style-type: none"> • See instructions to cut thirty-one Template 1 triangles. • See instructions to cut thirty-one Template 3 triangles. • Cut one 2 $\frac{7}{8}$" x WOF strip. Sub-cut the strip into ten 2 $\frac{7}{8}$" squares.
(F)	CX7533-Green Tea Namaste – Green Tea	$\frac{1}{4}$ yard	<ul style="list-style-type: none"> • Cut one 2 $\frac{7}{8}$" x WOF strip. Sub-cut the strip into ten 2 $\frac{7}{8}$" squares.
(G)	CX7532-Celestial Chakra Stripe – Celestial	$\frac{1}{2}$ yard	<ul style="list-style-type: none"> • Cut five 2 $\frac{1}{2}$" x WOF strips for the binding.
Backing	CX7530-Spa Mandala Lotus – Spa	2 $\frac{1}{2}$ yards	<ul style="list-style-type: none"> • Cut two 44" x WOF strips. Sew the strips together and trim to 44" x 54" for the back.

You will also need:

- 44" x 54" batting, threads to match, scissors, straight pins, acrylic ruler, rotary cutter and mat.

Disclaimers

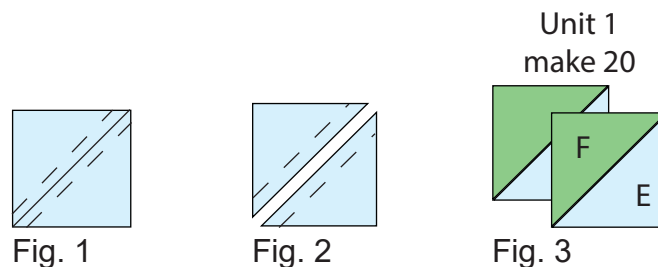
This pattern is provided as a courtesy to quilt stores, catalogs and quilters. Michael Miller Fabrics, LLC is not responsible for the accuracy of any kits packaged to accompany this pattern. Please direct any inquiries to the kit maker.

Yardage requirements for this pattern may allow for excess yardage to accommodate specific placement of motifs or to allow for any fussy-cutting to achieve the finished quilt design.

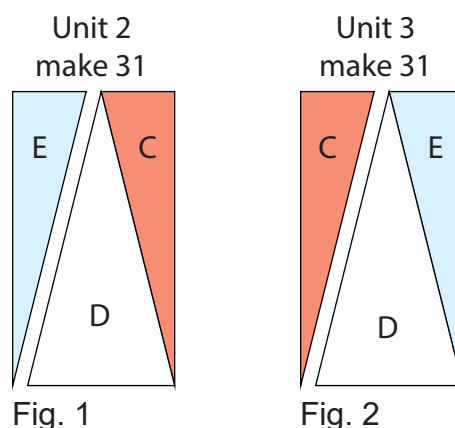
While every attempt has been made to give accurate measurements, yardage requirements and construction directions; this does not allow personal variations in measuring, cutting or sewing. The enclosed directions were used in the construction of the original quilt.

Block Assembly

1. Place one $2\frac{7}{8}$ " Fabric E square on top of one $2\frac{7}{8}$ " Fabric F square, right sides together. Draw a line across the diagonal of the top square (Fig. 1). Sew $\frac{1}{4}$ " away from each side of the drawn diagonal line (Fig. 1). Cut the two squares apart on the drawn diagonal line (Fig. 2) to make two half-square triangles. Trim blocks to measure $2\frac{1}{2}$ " square to make two Unit 1 blocks (Fig. 3). Repeat to make twenty Unit 1 blocks total.



2. Place one Fabric E-Template 1 triangle on top of one Fabric D-Template 2 triangle, right sides together, aligning the left sides. Sew the two triangles together along the left side. Press the smaller triangle open.
3. Place one Fabric C-Template 3 triangle on top of the Fabric D-Template 2 triangle, right sides together, aligning the right sides. Sew the two triangles together along the right side. Press the smaller triangle open. Trim to measure $2\frac{1}{2}$ " x $4\frac{1}{2}$ " to make one Unit 2 strip (Fig. 4).
4. Repeat Steps 2-3 to make thirty-one Unit 2 strips total.
5. Repeat Steps 2-3 using thirty-one Fabric C-Template 1 triangles, thirty-one Fabric D-Template 2 triangles and thirty-one Fabric E-Template 3 triangles to make thirty-one Unit 3 strips (Fig. 5).



- Sew one Unit 2 strip and one Unit 3 strip together end to end to make one Unit 4 strip (Fig. 6). Repeat to make thirty-one Unit 4 strips total.

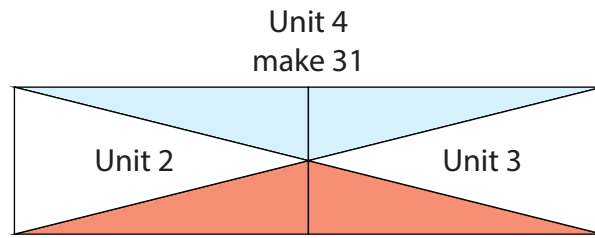


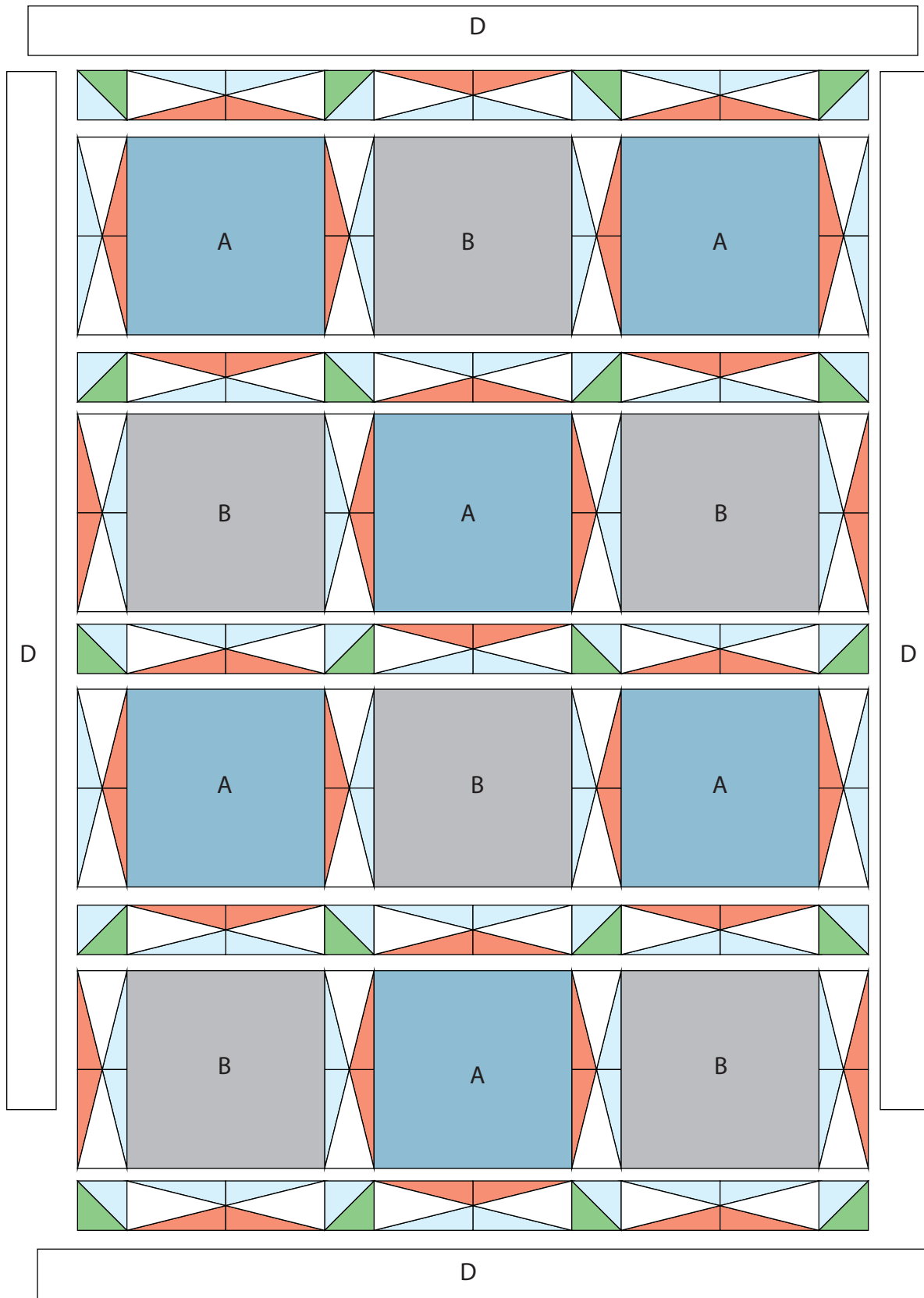
Fig. 3

- Sew four Unit 1 blocks and three Unit 4 strips together, alternating them, to make one Sashing Row. Repeat to make five Sashing Rows total.

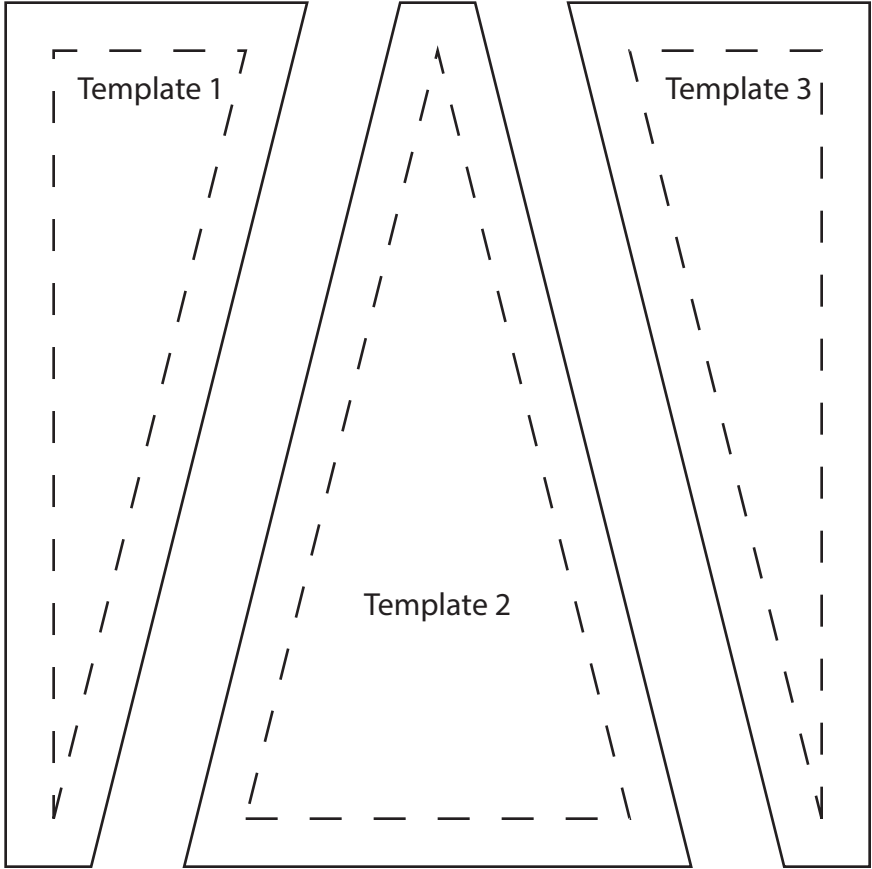
Quilt Top Assembly

(Follow the Quilt Layout while assembling the quilt top.)

- Sew four Unit 4 strips, two 8 ½" Fabric A squares and one 8 ½" Fabric B square together, alternating the units and squares to make Row One. Repeat to make Row Three.
- Sew four Unit 4 strips, two 8 ½" Fabric B squares and one 8 ½" Fabric A square together, alternating the units and squares to make Row Two. Repeat to make Row Four.
- Sew the five Sashing Rows and four block rows, in numerical order, together, alternating the sashing rows and block rows, to make the Center Block.
- Sew one 2 ½" x 42 ½" Fabric D strip to each side of the Center Block. Sew one 2 ½" x 36 ½" Fabric D strip to the top and to the bottom of the Center Block to make the quilt top.
- Layer and quilt as desired.
- Sew the five 2 ½" x WOF Fabric G strips together, end-to-end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
- Bind as desired.



Quilt Layout



1" square
for scale