



Pattern By Nemiha Studebaker for Sarah Jane Studios

Sizes 2-6

## General Instructions

1. Carefully read through all instructions before you begin.
2. Wash, dry, and iron your fabric before starting.
3. Seam Allowances are included in the pattern and are  $\frac{1}{2}$ " unless otherwise noted.
4. Press seams open as you progress. (I like to set seams first by pressing them flat. Then press seams open.)
5. Clip or grade seam allowances where necessary. Clip curves or when multiple layers join, and grade seams to reduce bulkiness.
6. Make sure to back stitch at beginning and end of seam to prevent seam from coming loose unless otherwise instructed.

## Supply List

1 yd to 1 1/2 yd of bodice and lining fabric (extra  $\frac{1}{4}$  is for wiggle room)

1 1/2 yd skirt fabric

Repeat totals for bodice lining and skirt lining.

Coordinating thread,

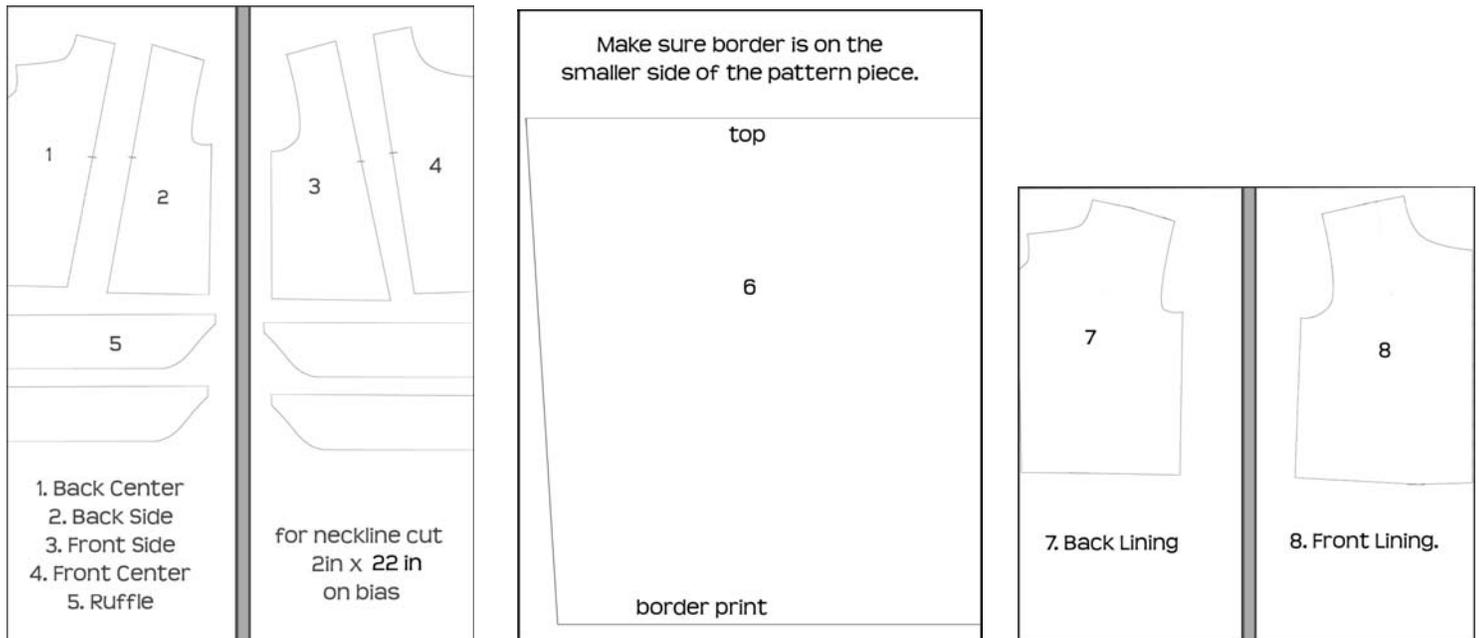
Skinny Elastic,

Small Button

8" invisible zipper

Lightweight fusible interfacing

## Fabric and Cutting Layout



1. Lay pieces as shown above and cut. (Skirt pieces will have multiple pieces)
2. Cut two strips of interfacing 1" wide for the zipper. Length should coordinate with length of zipper.
3. For placement of ruffle, mark or notch pieces 1,2,3,4 where ruffle will start and end.
4. End of Zipper is Approx 2" below waist line.
5. **NOTE:** There is **NO** pattern piece for the neck bias, Cut a 2"x25 this will be longer enough for all pieces and will need to be shortened.
6. **For Lining Layout, overlap bodice seams at ½" and either trace or tape.**

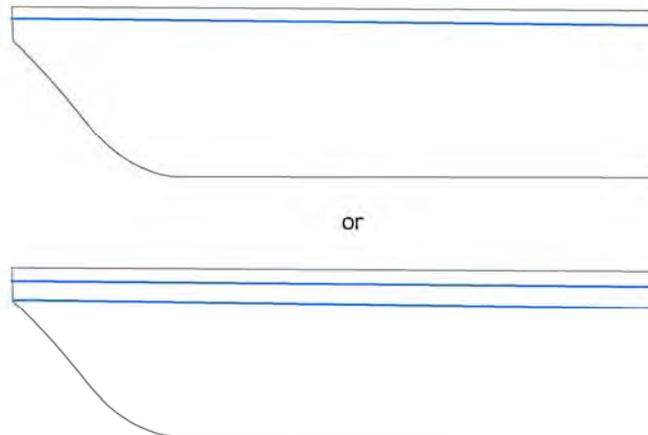
## Bodice Construction:

### Ruffle (Bodice and Arm Opening)

1. Serger: Serge around outer edge of each Ruffle pieces, roll under and topstitch.
2. Rolled Hem: Edgestitch 1/16 – 1/8 " from outer edge of each ruffle pieces. Using the stitch as a guide, fold over and press, easing the curved areas by pulling thread making the larger curved edge smaller. Topstitch 1/16" – 1/8" to catch folded hem.
3. Repeat step 1 or 2 for each Ruffle piece.



4. Mark center raw edge of each ruffle piece (Tip: I like to snip the center by creating a small notch to make it easier to find later.)
5. Using the longest stitch available on your sewing machine (Gathering Stitch), stitch  $3/8$ " from unfinished edge of your Ruffle piece, leaving threads long enough for gathering. (Tip: Loosen our machine tension slightly so the bobbin thread can be pulled easily. Make sure you adjust the tension back after you finish this step. Note: I only use one row of stitches to gather with. If you prefer using two, add an additional stitch at  $5/8$ ", resulting in parallel seams.) Repeat for each Ruffle Piece.



#### Bodice:

1. Staystitch front and back necklines  $3/8$ " from edges to prevent the neckline from stretching during assembly. This will be permanent and will not need to be removed.



2. With right sides together, stitch Front Center Bodice piece to Back Center Bodice piece along shoulder seams as shown above.



3. With right sides together, match right and left Front Side Bodice pieces to corresponding Back Side Bodice pieces and stitch along shoulder seam as shown above.
4. Repeat step 2 with Front Lining piece and Back Lining piece.



5. Add Side Ruffle: (Moved tip to step 3 of Ruffle.) Match center of Ruffle piece to the outer edge of Center Bodice piece where shoulder seam is sewn.
6. Gather and pin raw edge of Ruffle to Front Bodice piece adjusting the fullness evenly from shoulder seam to area marked in Fabric and Layout Step 3. Baste ruffle to Center Bodice piece 3/8" from raw edge. Repeat for other side.



7. With right sides together, position Side Bodice piece over Center Bodice piece encasing Ruffle piece, matching shoulder seams. Pin, stitch and press.
8. Add Sleeve Ruffle: Repeat Steps 5 and 6, but with the sleeve opening.



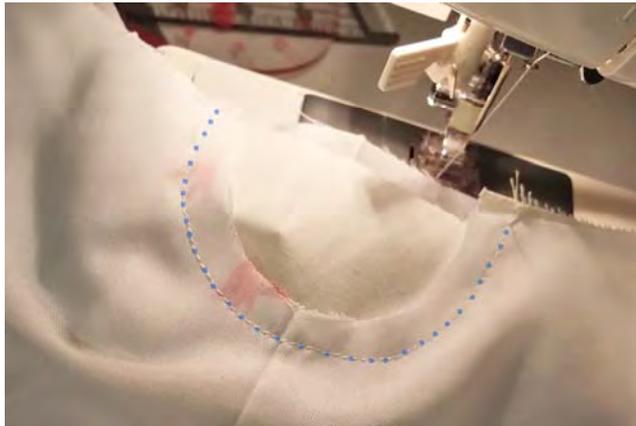
Should be ruffled like this

#### Lining & Finished Neck:

1. Right sides together, match up shoulder seams and stitch, press seams open.
2. Matching right sides together and front with front and back with back line up lining and Bodice so the arm holes match and that the ruffles are pointing towards the center. Pin
3. Sew around each armhole, Clip curves



4. Next **Stitch ONLY THE KEYHOLE** around the neck.  
**Clip** around the curved edges, turn fabric right side out through neckline & Press



3. Match and pin wrong sides together of neckline and biased neckline piece. (2"x25")  
then staystitch 3/8"  
Note: You will be cutting off excess material after neckline is sewn.

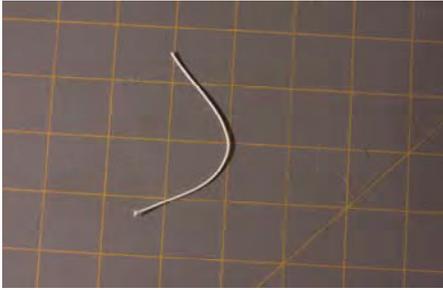


4. On **ONE** side of neck piece fold Iron end in approx  $\frac{1}{4}$ " and topstitch,.
5. Iron neck Bias in half length wise
6. Starting with right sides together side pin one side biased piece to the right side of neckline and sew neck piece  $\frac{1}{2}$ " around neck line.
7. Fold opposite edge of bias to meet the ironed line and press, then fold over once more , press, Pin and the topstitch.

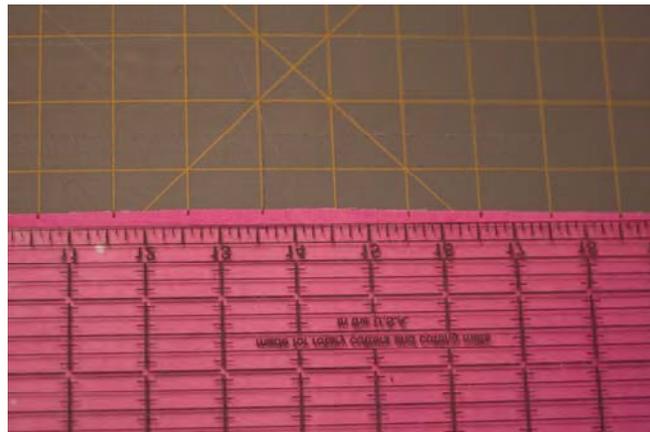


(Keyhole in this photo is larger then the pattern)

8. Decide placement of button, Cut elastic approx 4 in long, (this is also where you will shorten your neckline to where you would like the button placement to lay.) Roll end of fabric under and add elastic, topstitch.



### Skirt Construction:



1. On the top of both pieces find the center and mark it. Lay the fabric flat and mark at 1 inch intervals

(note: these marking are for guidelines purposes you can go bigger or smaller if desired )

2. Starting with the center mark, match each mark on the wrong side of the fabric switching The direction you fold and pin.

-I like to have a flat pleat in the center so I start with matching and folding to the right.



Repeat for other skirt piece.



3. Stay stitch the tops of all pleats



4. Match right sides together of top of skirt front and bottom of bodice front, Make sure in not pinning the Lining. Sew

5. Repeat for back

### **Finishing touches:**

1. Zipper-

Here is a great video tutorial on how to Install a invisible zipper.

<http://www.youtube.com/watch?v=kmsA7PLCcTs>

Unzipped the zipper., then enclose the zipper between the lining and where the zipper was sewn to the bodice. So layers would be lining, zipper (with seam attaching to bodice) and bodice layer, wrong sides facing out. Take the zipper foot and sew along the zipper as when putting in the zipper, but making sure the seam allowance is a tad smaller. I also folded the lining up so when the lining is sewn to the inside of the skirt, you don't have to unpick the lining to turn up. I then repeated on the other side. When I turned the lining and bodice right side out, I had to play around with how the top of the zipper laid inside the lining/bodice underneath the armpit. then sew the side of the skirt with the zipper as shown in the youtube video. The other side seam, open up the bodice/lining, matching up seams and sew big seam sewing the lining side up to the armpit, down the bodice and skirt seam.

Note: sewing the side seams after installing the zipper will be easier. It allows you to work with a flat surface.

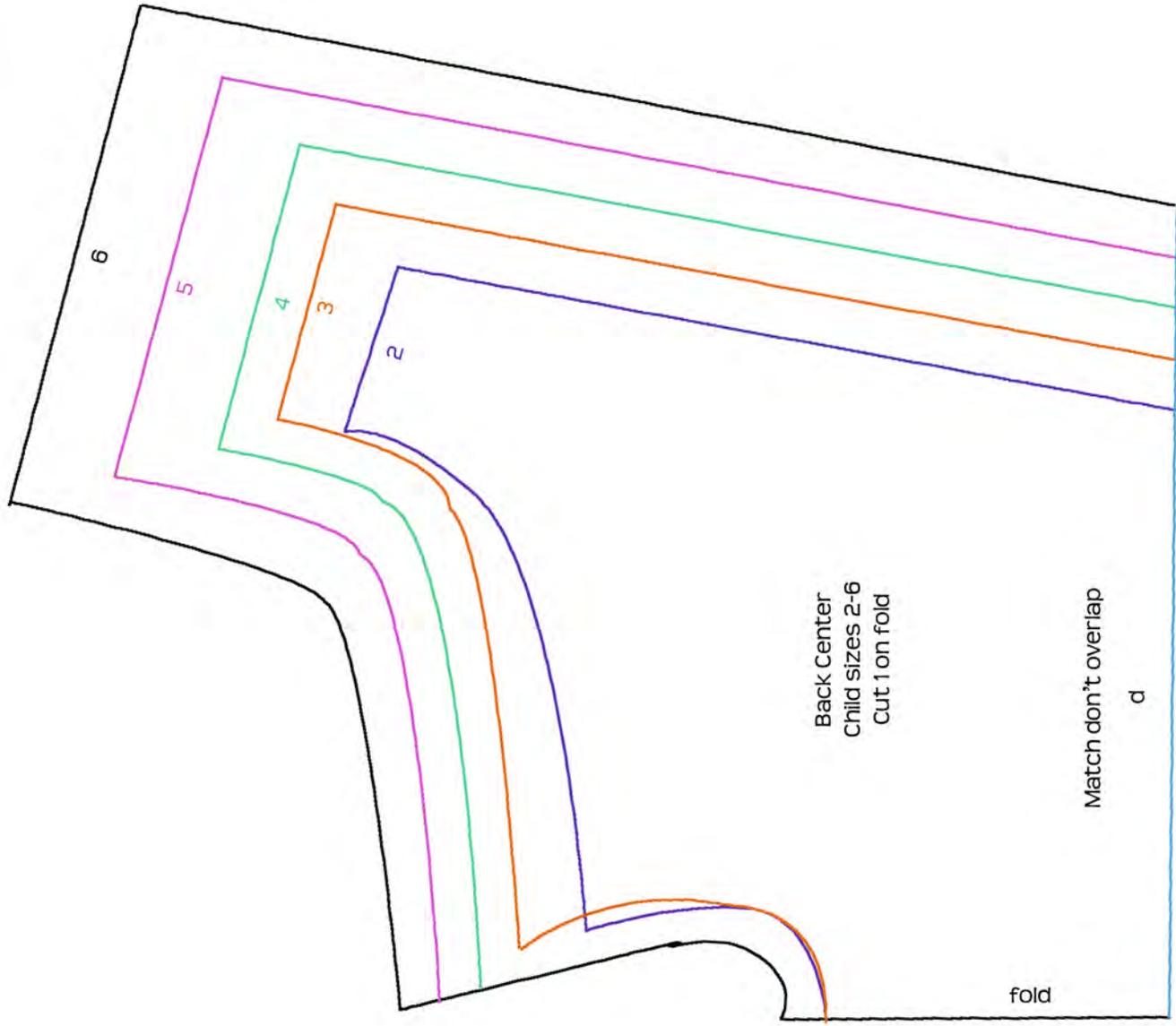
2. Sew Side Seams

3. Turning dress inside out you will notice that the lining is flowing freely At the Bottom of the bodice. Take Lining and Roll hem and Iron under Approx ½" To match up with the skirt seam. Pin

4. Hand sewing around bottom edge using a hidden stitch.

5. Roll Hem bottom of Skirt ½" to 1 " finished.

a. You can either topstitch this with the machine or once again hand sew it.

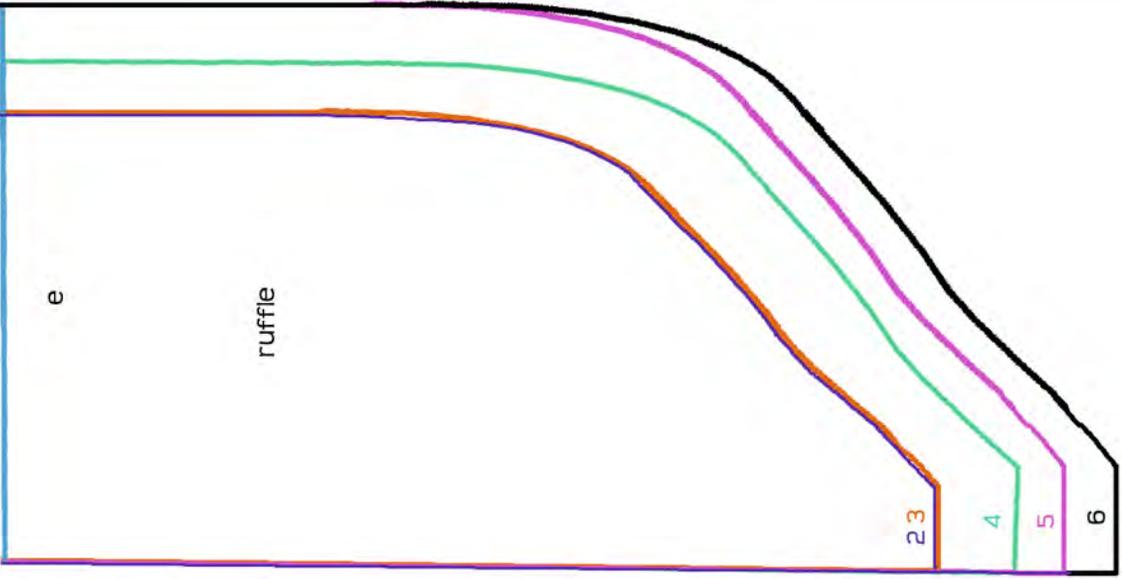
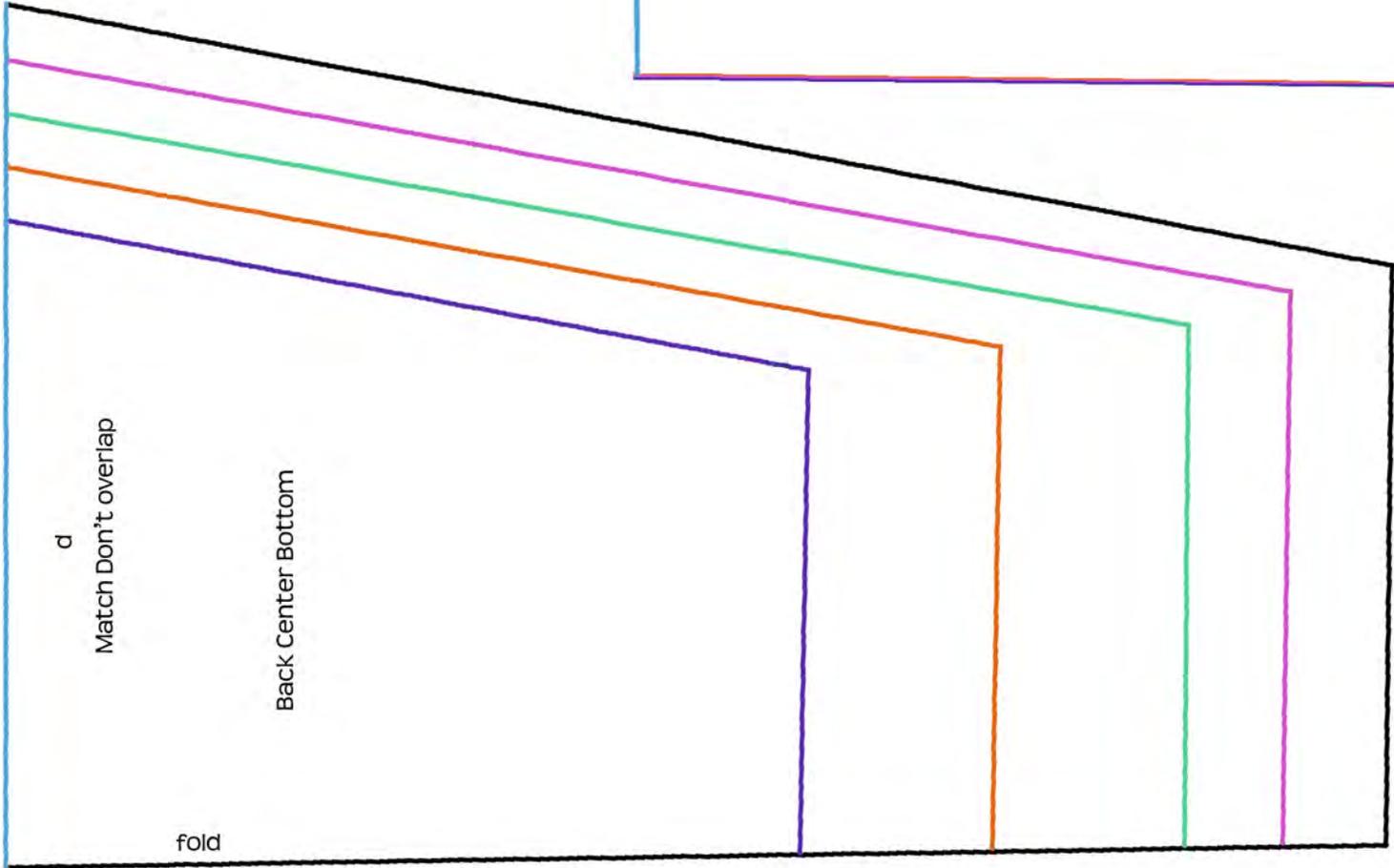


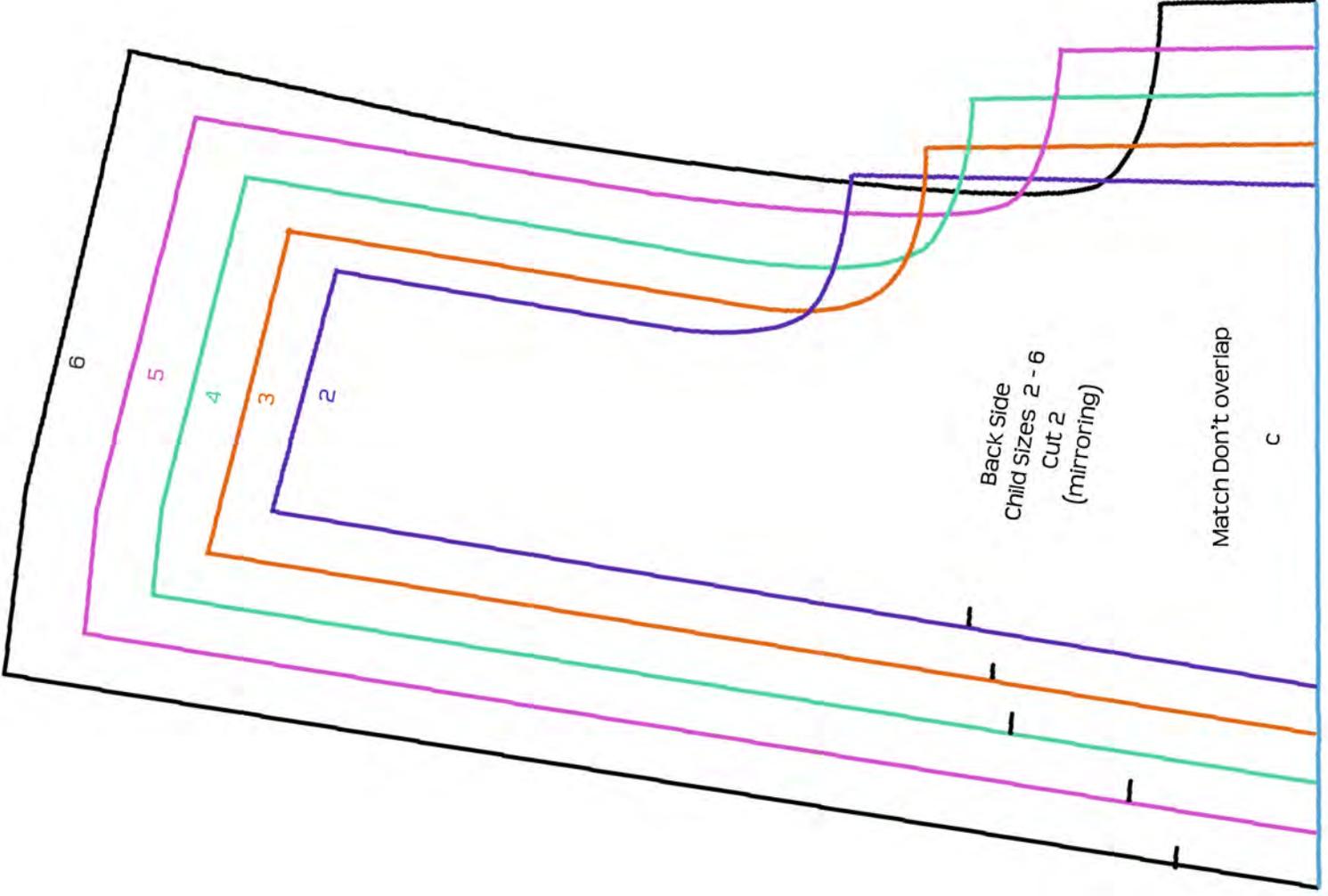
Back Center  
Child sizes 2-6  
Cut 1 on fold

Match don't overlap

d

fold





Back Side  
Child Sizes 2 - 6  
Cut 2  
(mirroring)

Match Don't overlap  
c

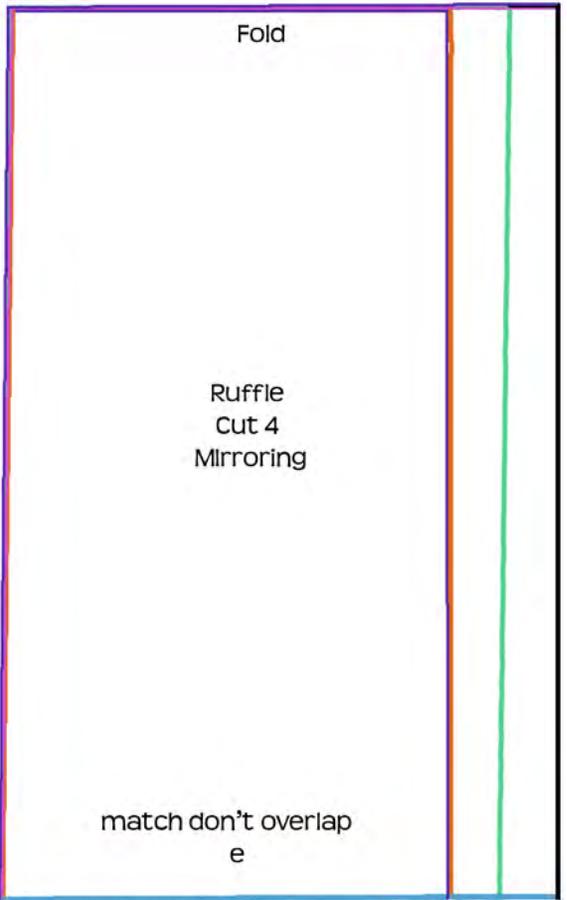
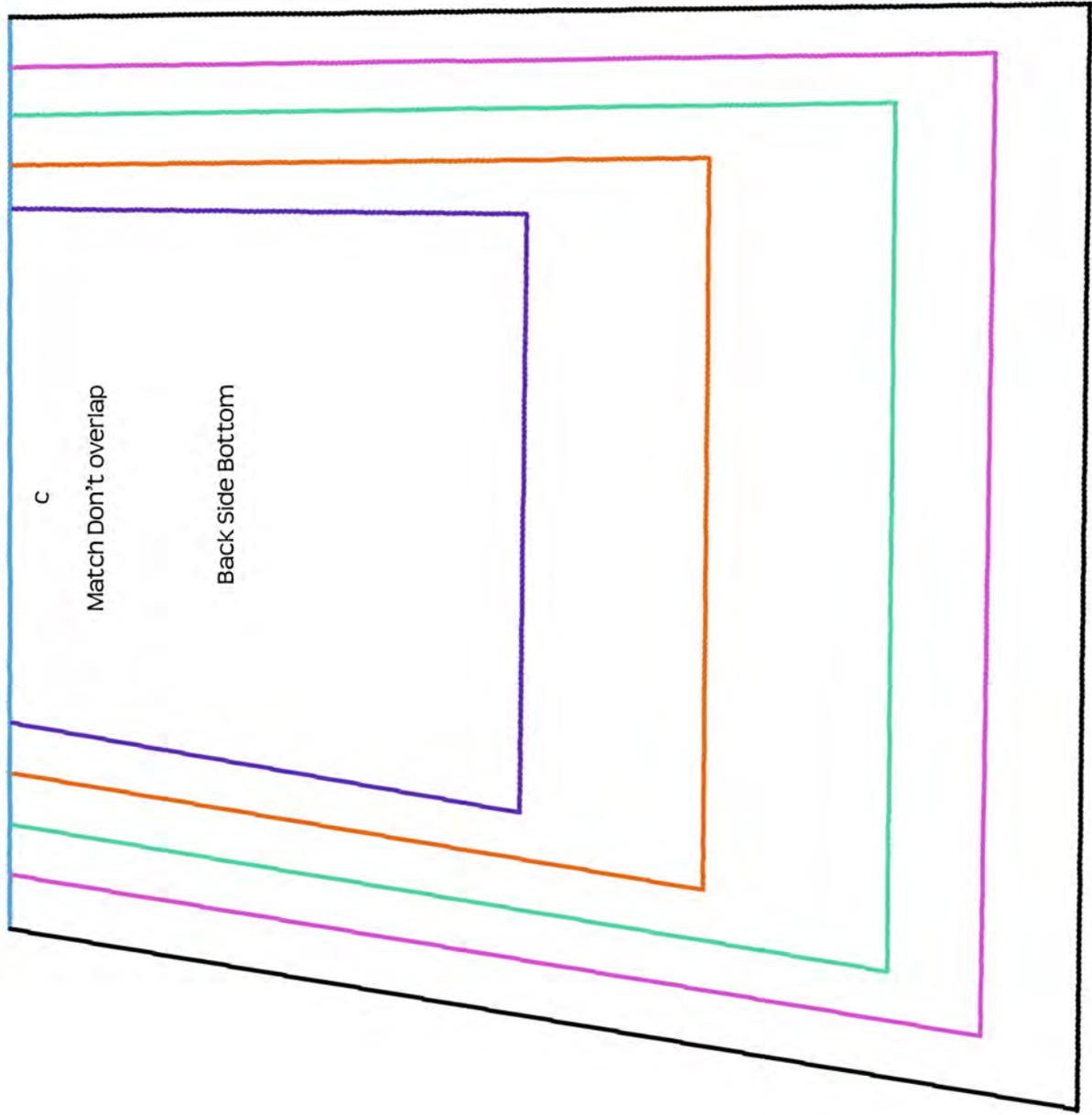
6

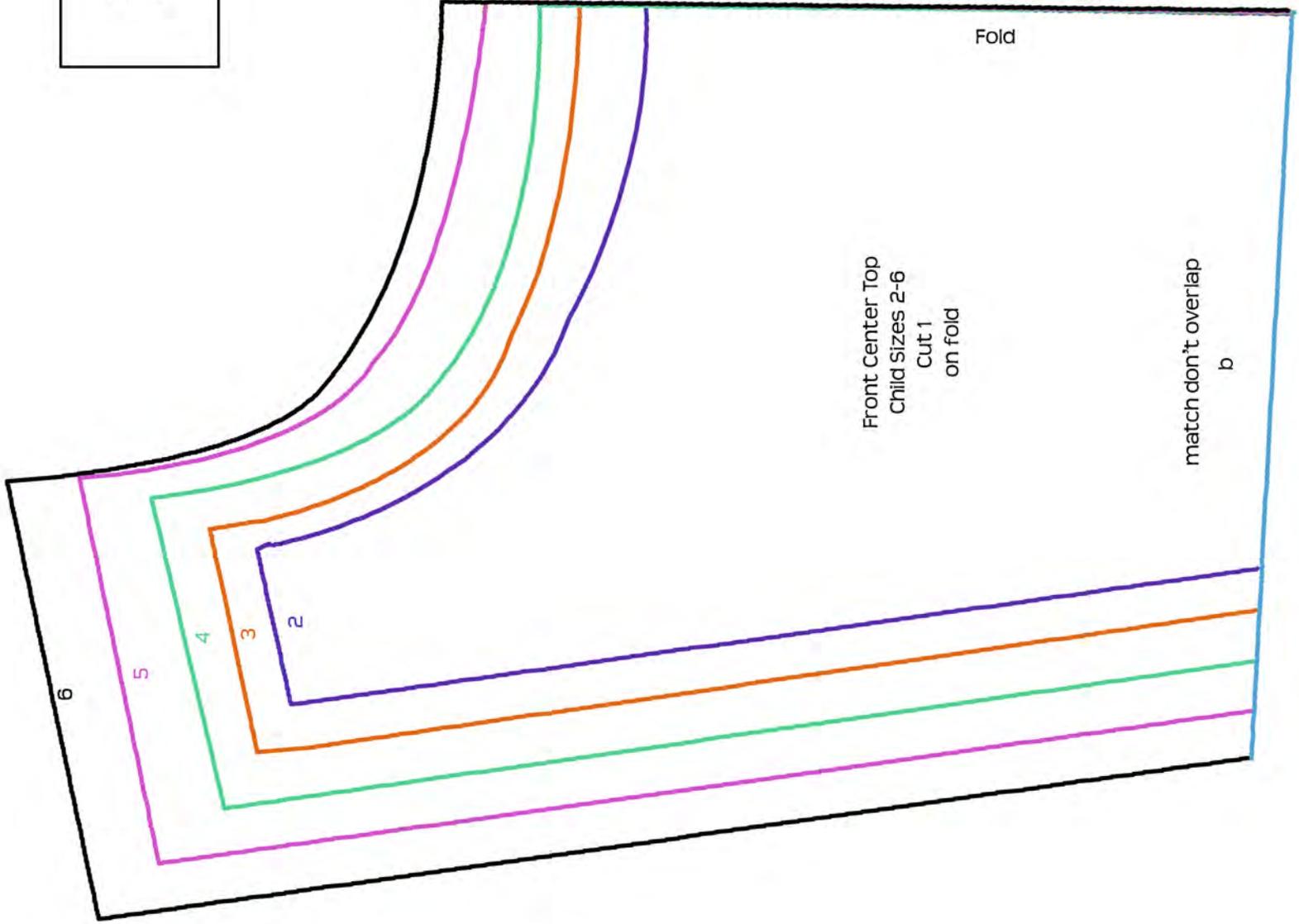
5

4

3

2





Front Center Top  
Child Sizes 2-6  
Cut 1  
on fold

Fold

match don't overlap  
b

6

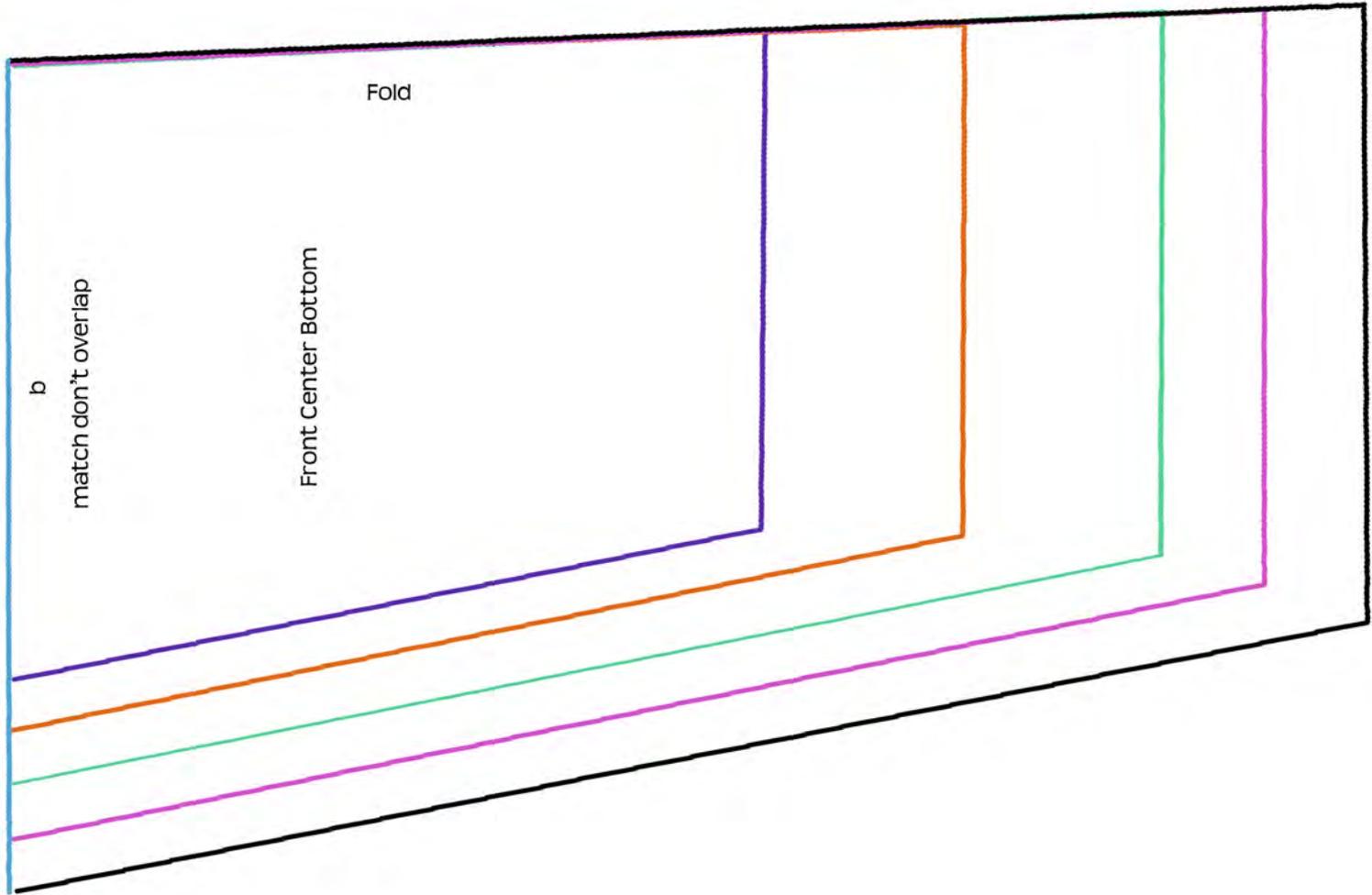
5

4

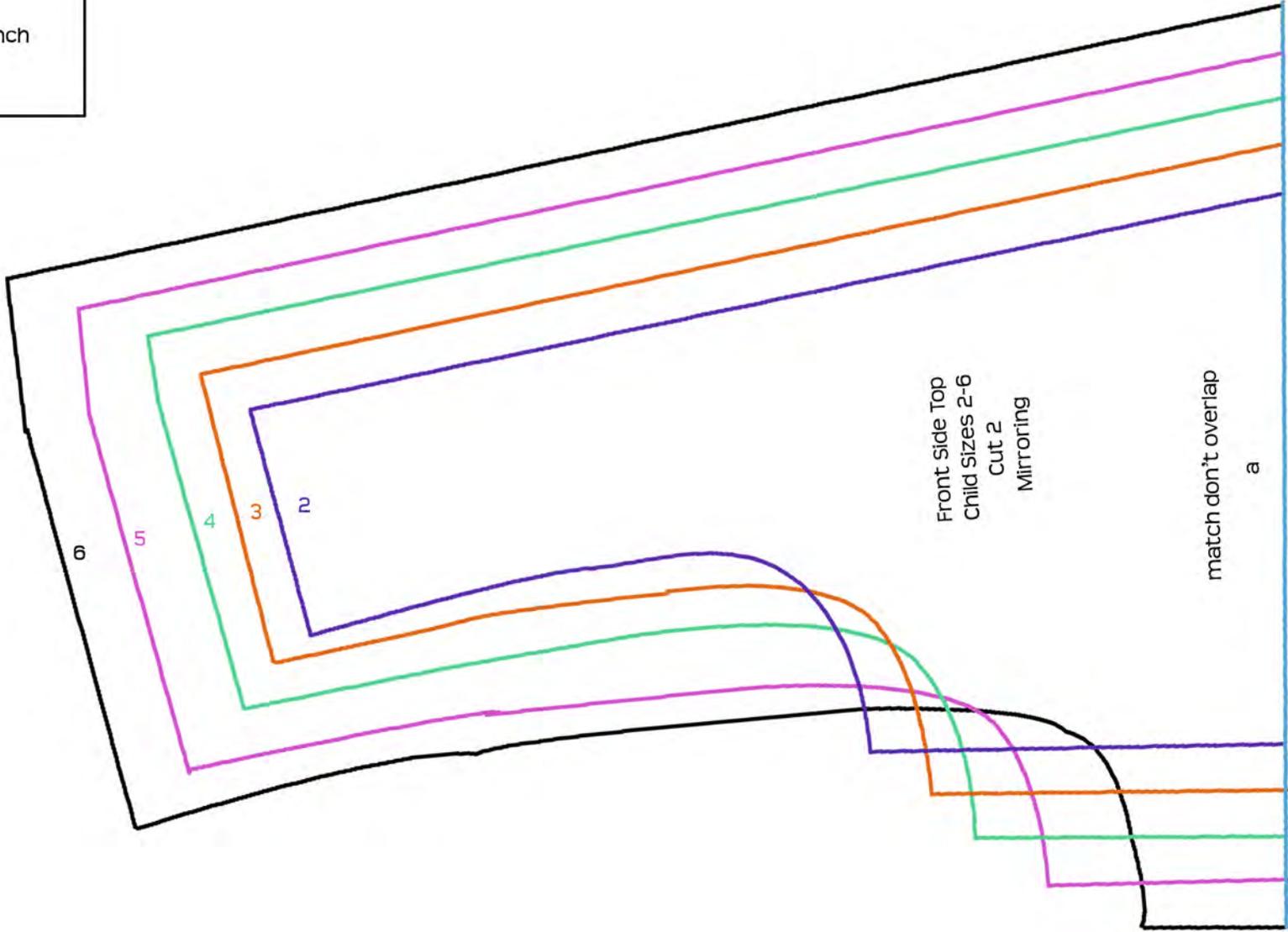
3

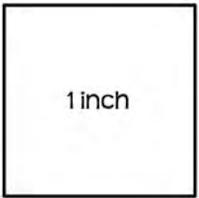
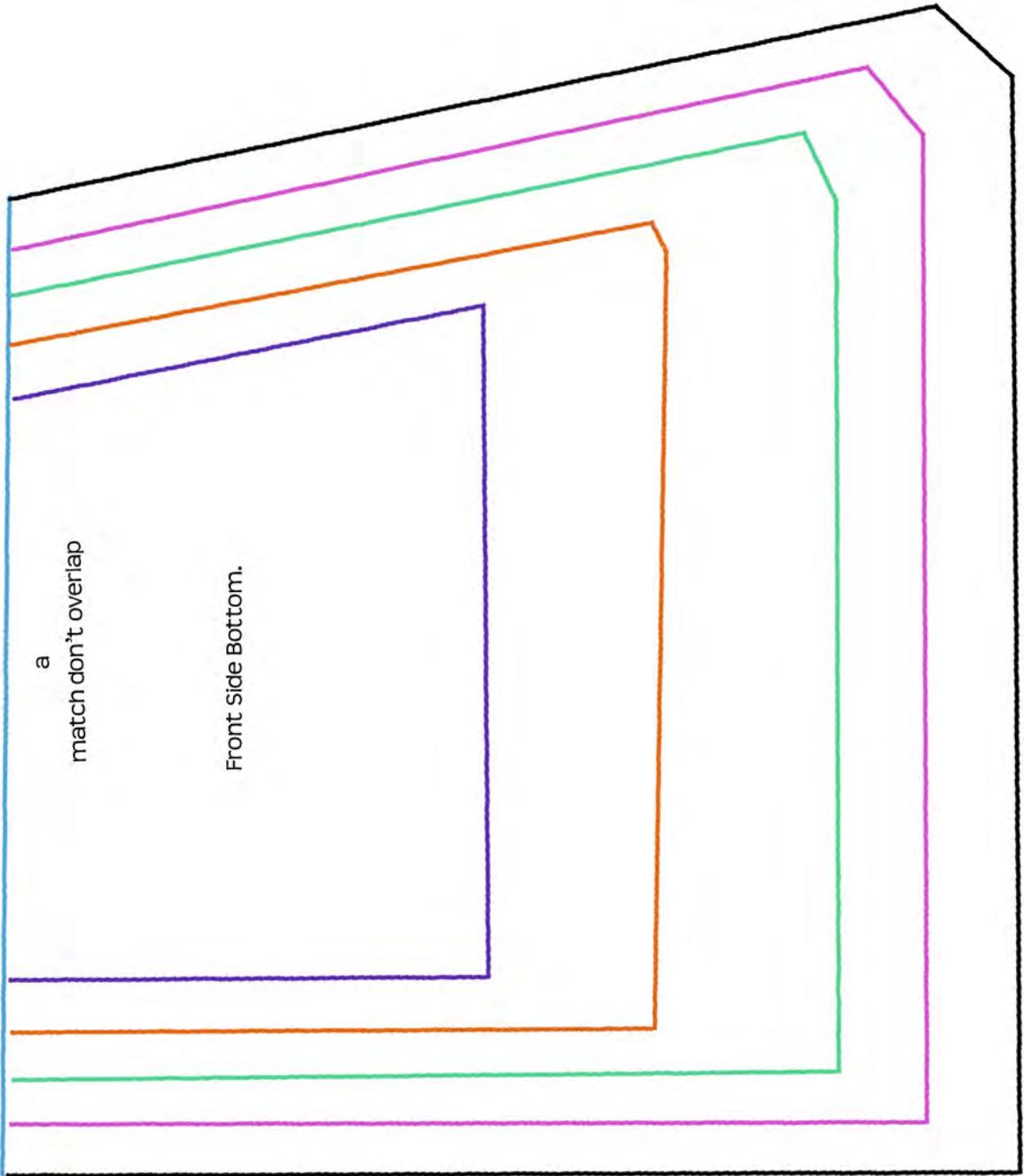
2

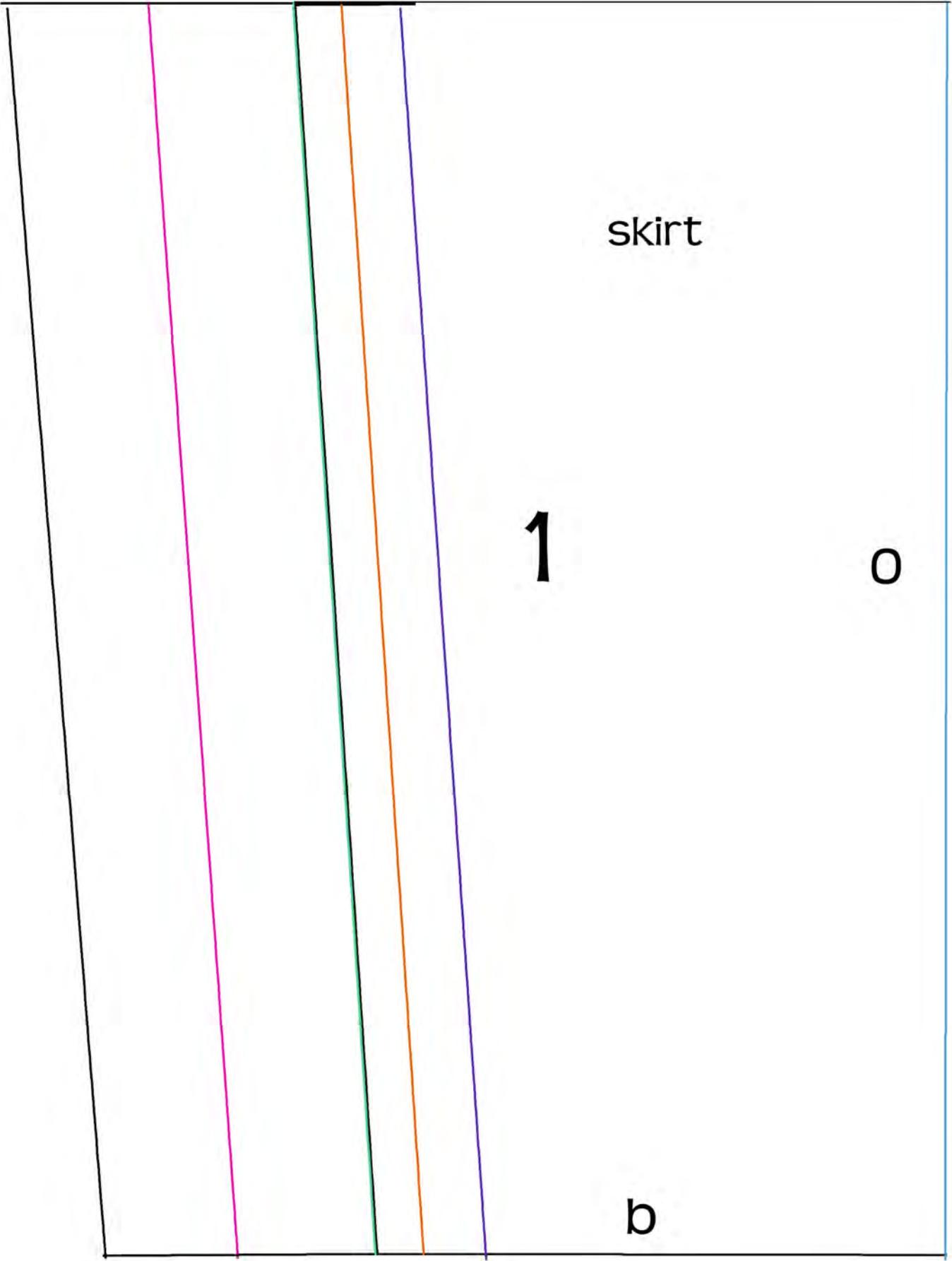
1 inch



1 inch







skirt

1

0

b

skirt

o

1.5

a

b

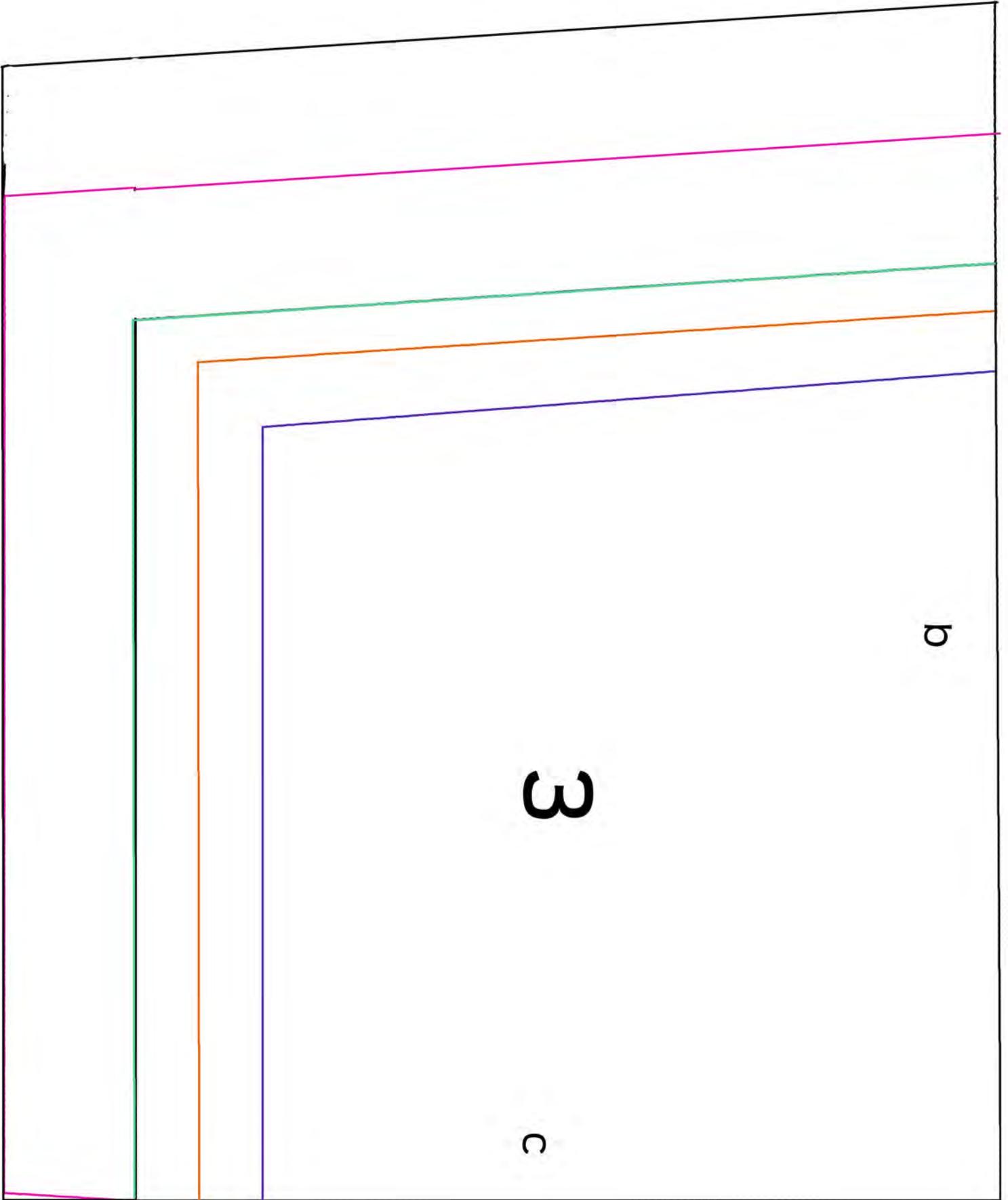
a

2

Skirt  
Cut 2  
on fold  
mirroring  
each other

fold

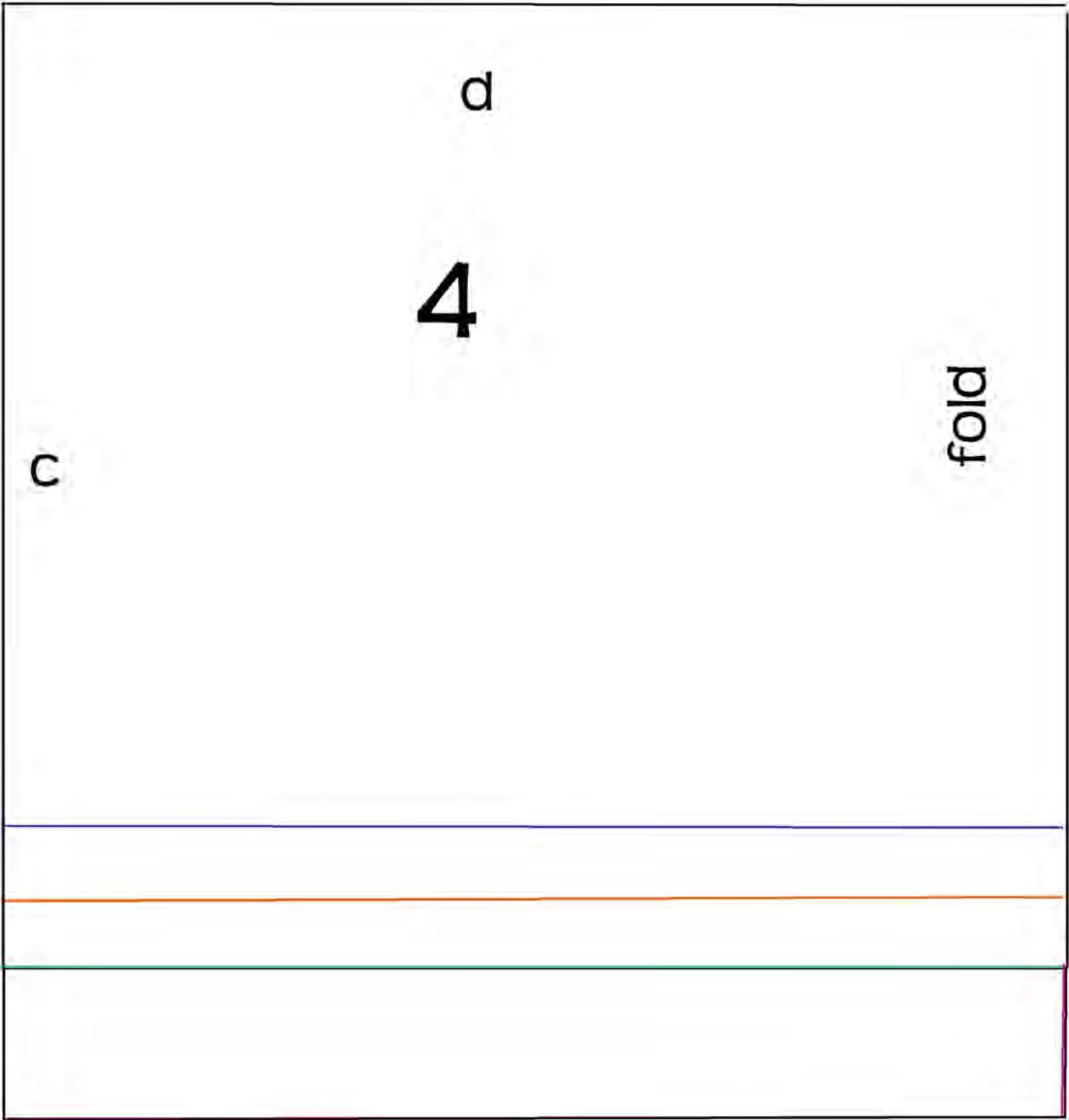
a



3

b

c



1 in