

michael miller FABRICS

# DO THE PEPPERMINT TWIST

SIZE: 50" x 70" • LEVEL: BEGINNER • PATTERN BY: NATALIE CRABTREE • A GNOME TO FA LA COLLECTION  
PATTERN AVAILABLE ON: [WWW.MICHAELMILLERFABRICS.COM](http://WWW.MICHAELMILLERFABRICS.COM)



THIS IS A DIGITAL REPRESENTATION OF THE QUILT TOP, FABRIC MAY VARY.

**PLEASE NOTE:** BEFORE BEGINNING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT [MICHAELMILLERFABRICS.COM](http://MICHAELMILLERFABRICS.COM)'S FREE PROJECTS SECTION.

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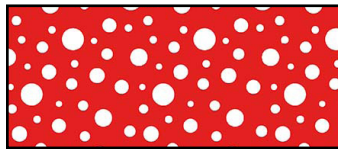
**PANEL**  
CX8872  
Navy  
1 Panel



**FABRIC A**  
Cotton Couture  
SC5333  
Bright White  
1 yard



**FABRIC B**  
CM8864  
Navy  
1 1/4 yard



**FABRIC C**  
CX8870  
Red  
3/4 yard



**FABRIC D**  
CM8868  
White  
7/8 yard



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## Additional supplies needed:

Backing: 3 ¼ yards giving you 3" additional inches on each side

Batting: 56" x 76" piece of batting giving you 3 inches overage on each side

Basic Sewing Supplies

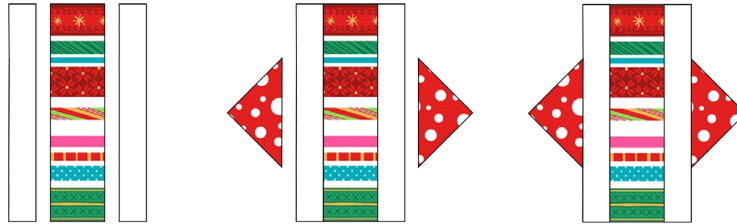
(WOF = Width of Fabric, LOF = Length of Fabric, HST = Half Square Triangle)

KEY	CUTTING INSTRUCTIONS
<b>A</b>	<ul style="list-style-type: none"><li>• Cut (4) 2" x WOF strips. Trim (2) strips to 2" x 27 ½" and (2) strips to 2" x 42 ½" for Border 1.</li><li>• Cut (5) 3" x WOF strips for Border 3.</li><li>• Cut (6) 1 ½" x WOF strips. Subcut (28) 1 ½" x 8" rectangles.</li></ul>
<b>B</b>	<p><b><i>(Fabric B is directional, therefore some pieces will be cut WOF and some will be cut LOF.)</i></b></p> <ul style="list-style-type: none"><li>• Cut (4) 5 ½" x WOF strips for Border 4.</li><li>• With remaining yardage, cut (6) 5 ½" x 21" LOF strips in order to keep borders directional as shown on the pattern cover and diagrams.</li></ul>
<b>C</b>	<ul style="list-style-type: none"><li>• Cut (7) 2 ¼" x WOF strips for binding.</li><li>• Cut (2) 3 ½" x WOF strips. Subcut (14) 3 ½" squares; cut each square once diagonally to create (28) HST.</li></ul>
<b>D</b>	<ul style="list-style-type: none"><li>• First cut (3) 4 ½" x <b>LOF</b> strips for Border 2.</li><li>• Cut (2) 8" x WOF strips, using the remaining WOF. Subcut (14) 8" x 2 ¼" rectangles.</li></ul>
<b>Panel</b>	<ul style="list-style-type: none"><li>• Trim panel to measure 24 ½" x 42 ½" unfinished.</li></ul>

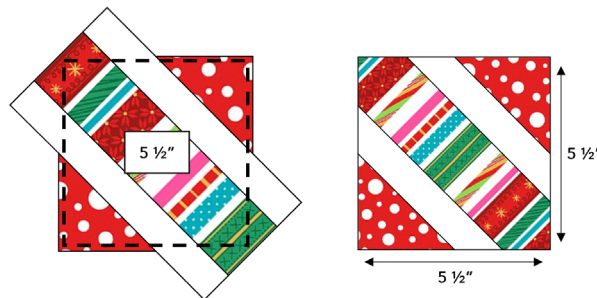
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## Piecing Instructions

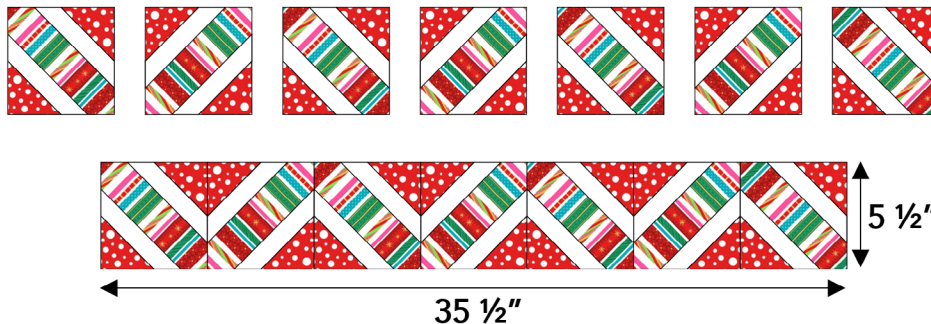
1. Sew (1) Fabric A  $1\frac{1}{2}''$  x  $8''$  rectangle onto either side of (1) Fabric D  $2\frac{1}{4}''$  x  $8''$  rectangle. Press seams toward Fabric D.
2. Sew the longest edge of (1) Fabric C  $3\frac{1}{2}''$  HST onto either side of the unit created in Step 1 as shown. The center of the HST should be aligned with the center of the Fabric A/D rectangle unit. Press seams outward toward Fabric C.



3. Place a small ruler on the block, centering the block and using the Fabric C HST as a cutting guide. Trim the block to measure  $5\frac{1}{2}''$  x  $5\frac{1}{2}''$  unfinished, cutting away excess Fabric A and Fabric D from the block.



4. Repeat to create (14) blocks.
5. Using (7) blocks, create a pieced border to be used as the top/bottom Border 2. Turn blocks as shown to create continuous fabric chains.
6. Repeat to create (2) identical borders. Borders should measure  $5\frac{1}{2}''$  x  $35\frac{1}{2}''$  unfinished.



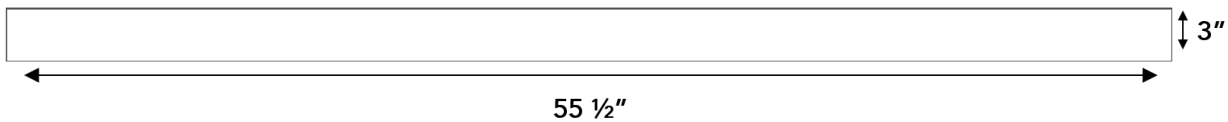
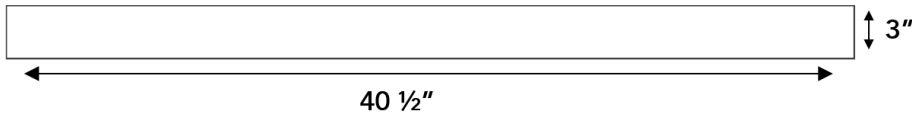
## Quilt Assembly

7. Create Border 2 by sewing (3) Fabric D  $4\frac{1}{2}''$  x **LOF** strips end to end using a straight  $\frac{1}{4}''$  seam, matching the prints on each strip if possible. Press.
8. From the long strip, trim (2)  $4\frac{1}{2}''$  x  $45\frac{1}{2}''$  for the Border 2 side borders. Set aside.

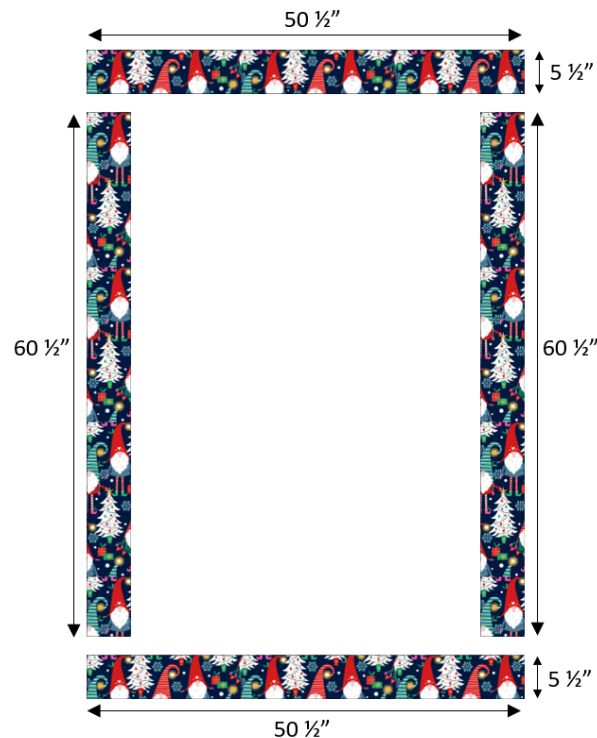
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9. Create Border 3 by sewing (3) Fabric A 3" x WOF strips together end to end using a diagonal seam. Trim seams to 1/4" and press.
10. From the long strip, trim (2) 3" x 55 1/2" for the Border 3 side borders. Set aside.
11. Trim (2) Fabric A 3" x WOF strips cut during cutting instructions to 3" x 40 1/2" for the Border 3 top/bottom borders. Set aside.



12. Create Border 4 by sewing (4) Fabric B 5 1/2" x WOF strips end to end, matching the prints if possible. Press.
13. Continue Border 4 assembly by sewing (6) Fabric B 5 1/2" x 21" strips (*cut LOF*) end to end, matching the prints if possible. Press.
14. Determine which strips should be designated for the top/bottom borders and the side borders based on maintaining the fabric's directional print. Pattern cover and diagrams show accurate fabric orientation. Label each strip either "top/bottom border" or "side border" to eliminate errors while trimming.
15. For the side borders, trim (2) 5 1/2" x 60 1/2" strips. For the top/bottom borders trim (2) 5 1/2" x 50 1/2" strips.



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16. Begin quilt assembly by attaching borders to the 24 ½" x 42 ½" panel in numerical order. Diagrams show accurate order in which to attach the borders. For all borders, attach the side borders first, followed by the top and bottom borders. Press seams away from the panel to complete the quilt top. Quilt top should measure 50 ½" x 70 ½" unfinished.



## Finishing The Quilt

17. Sandwich the quilt top with batting and backing. Baste quilt layers together using your preferred method.
18. Quilt as desired.
19. Create binding using (7) Fabric C 2 ¼" x WOF strips. Sew strips end to end using a diagonal seam. Trim all seams to ¼" and press open.
20. Use an iron to press the long strip in half widthwise, with wrong sides together, to create a long skinny strip.
21. Attach binding using your preferred method.