FLOWER POWER
SIZE: 57" W x 64" H • LEVEL: BEGINNER • PATTERN BY: NATALIE CRABTREE • GARDEN PINDOT COLLECTION
PATTERN AVAILABLE ON: www.michaelmillerfabrics.com

PLEASE NOTE: BEFORE BEGINNING YOUR PROJECT, CHECK FOR ANY PATTERN UPDATES AT MICHAELMILLERFABRICS.COM’S FREE PROJECTS SECTION.

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FLOWER POWER

BACKGROUND FABRIC
Cotton Couture
SC5333 Soft White
2 yards

BINDING
CX1065
Graphite
½ yard

(1) Garden Pindot FQ
bundle containing
(36) skus
Additional supplies needed:

Backing: 3 ½ yards
Batting: 63” x 70” piece of batting giving you 3 inches overage on each side
Basic Sewing Supplies, Fusible Web of your choice, Basting Glue or Household school glue

(WOF = Width of Fabric, FQ = Fat Quarter)

<table>
<thead>
<tr>
<th>KEY</th>
<th>CUTTING INSTRUCTIONS</th>
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</thead>
<tbody>
<tr>
<td>Fusible Web</td>
<td>• On the paper side of fusible web, trace (15) flower centers. Roughly cut out each flower center just outside of the traced line and set aside.</td>
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</tbody>
</table>
| Background Fabric | • Cut (1) 3 ½” x WOF strip. Subcut (6) 3 ½” x 6 ½” rectangles.  
• Cut (3) 6 ½” x WOF strips. Subcut (15) 6 ½” squares.  
  o From remainder of the third strip, Subcut (9) 6 ½” x 2” rectangles.  
• Cut (1) 6 ½” x WOF strip. Subcut (21) 6 ½” x 2” rectangles.  
• Cut (1) 9 ½” x WOF strip. Subcut (30) 9 ½” x 1” rectangles.  
• Cut (8) 1 ½” x WOF strips. Cut (3) of the strips in half lengthwise to create (6) shorter strips. (1 shorter strip will be unused)  
• Cut (5) 2 ½” x WOF strips for Border 1. |
| Binding       | • Cut (7) 2 ¼” x WOF strips from yardage for binding.                                                                                                 |
| FQ Bundle     | • Choose (4) FQ colors and group them together in (2) sets containing (2) colors. From each FQ cut:  
  o (6) 5” x 3” rectangles totaling (24) 5” x 3” pieces.  
• Choose (3) FQ colors and group them together into (1) color set. Repeat to create (4) uniquely colored sets containing (3) FQ.  
  o From each color set choose (2) colors to be flower petals and (1) color to be the flower center. As you cut, keep color sets grouped together.  
  • From (3) color sets: cut (24) flower petals from (1) FQ, (24) flower petals from another FQ. Fuse (3) flower centers onto the wrong side of (1) FQ.  
  • From (1) color set: cut (30) flower petals from (1) FQ, (30) flower petals from another FQ. Fuse (5) flower centers onto the wrong side of (1) FQ.  
  o There should be a total of (4) different colorways, and (15) flower centers. Flower Petal instructions are listed in the piecing instructions. |
### FQ Bundle

(Continued)

- From the remaining FQ and FQ scraps cut (some colors may be reused to cut multiple pieces. This quilt is intended to have a scrappy effect.):
  - From (2) colors:
    - (10) 2 ½” squares totaling (20) squares.
  - From (2) colors:
    - (8) 2 ½” squares totaling (16) squares.
  - From (8) colors:
    - (5) 2 ½” x 4 ¼” rectangles totaling (40) rectangles.
  - From (8) colors:
    - (4) 2 ½” x 4 ¼” rectangles totaling (32) rectangles.
  - From (8) colors:
    - (5) 2 ½” x 4 7/8” rectangles totaling (40) rectangles.
  - From (8) colors:
    - (4) 2 ½’ x 4 7/8” rectangles totaling (32) rectangles

### Piecing Instructions

1. Begin Block A assembly by sewing (2) Background Fabric 9 ½” x 1” strips onto either side of (1) FQ 9 ½” x 5 ½” rectangle as shown. Press seams toward the Background Fabric.
2. Repeat on all (9) FQ pieces measuring 9 ½” x 5 ½”.
3. Sew (2) Background Fabric 6 ½” x 2” strips onto the top and bottom of the block as shown in the diagram.
4. Repeat on all (9) Block A. Block A should feature (3) colorways. Trim Block A to measure 6 ½” x 12 ½” unfinished.
5. Begin Block B assembly by sewing (2) FQ 5” x 3” pieces from (2) different colors together into a four patch as shown, alternating fabrics in the four patch.

6. Repeat (3) times to create (3) four patches measuring 9 ½” x 5 ½” unfinished.

7. Repeat the assembly process described in Steps 5-6 using (2) FQ 5” x 3” pieces from (2) different colors to create a four patch. Repeat (3) times for each set totaling (6) Block B.

8. There should be a total of (6) four patch units measuring 9 ½” x 5 ½”.

9. Sew (2) Background Fabric 9 ½” x 1” strips onto both sides of each four patch unit. Press seams toward the Background Fabric.
10. Repeat on all (6) four patch units.
11. Sew (2) Background Fabric 6 ½” x 2” strips onto the top and bottom of the block as shown in the diagram.
12. Repeat on all (6) four patch units to complete Block B. Block B should feature (2) colorways. Trim Block B to measure 6 ½” x 12 ½” unfinished.

Flower Applique Block

13. Sew together (12) flower petals from (1) color set, alternating between each color as you sew. This should form a circle of petals as shown in the diagrams.

14. Use basting glue to adhere the flower petal circle onto the right side of (1) Background Fabric 6 ½” square as shown.
15. After the blue has dried, use a thread color and decorative stitch of your choice to stitch around each flower petal to secure it into place on the background fabric square.
16. Peel the paper from the glue side of the fusible flower centers. Use an iron to adhere the flower center onto the flower petals and background fabric square.

17. Use a thread color and decorative stitch of your choice to stitch around each flower center to secure it into place.

18. Repeat Flower Applique Block assembly process to create (3) flowers in (3) unique colorways. Repeat Flower Applique Block assembly process to create (5) flowers in (1) unique colorway.

19. Number of Flower Applique Blocks should total (15). Flower Applique Blocks should measure 6 ½” x 6 ½” unfinished.
Border Blocks

20. Begin Border Block assembly by creating color sets using the following guide:
   a. Create (8) uniquely colored sets using: (5) 2 ½” x 4 ¼” rectangles of (1) color and (4) 2 ½” x 4 ¼” rectangles of another color. Each color set will create (1) block.
   b. Create (8) uniquely colored sets using: (5) 2 ½” x 4 7/8” rectangles of (1) color and (4) 2 ½” x 4 7/8” rectangles of another color. Each color set will create (1) block.
   c. Create (2) uniquely colored sets using (5) 2 ½” squares of (1) color and (4) 2 ½” squares of another color. Create (2) of each color set totaling (4).
   
21. See diagrams for color set examples.

<table>
<thead>
<tr>
<th>Create (8) unique sets of two colors for side borders</th>
<th>2 ½” x 4 ¼”</th>
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<td>The colors shown are example color sets</td>
<td>Use (5) of one color and (4) of another</td>
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<tr>
<th>Create (8) unique sets of two colors for top/bottom borders</th>
<th>2 ½” x 4 7/8”</th>
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<tr>
<th>Create (2) unique sets of two colors for border corners</th>
<th>2 ½” x 4 7/8”</th>
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22. Begin piecing Border Block C by sewing a nine patch using (1) color set created in Step 20a containing (9) 2 ½” x 4 ¼” rectangles, alternating colors throughout the block as shown.
23. Repeat to create (8) uniquely colored nine patch blocks. Trim Border Block C to measure 6 ½” x 11 ¾” unfinished.

24. Begin piecing Border Block D by sewing a nine patch using (1) color set created in Step 20b containing (9) 2 ⅞” x 4 7/8” rectangles, alternating colors throughout the block as shown.
25. Repeat to create (8) uniquely colored nine patch blocks. Trim Border Block D to measure 6 ½” x 13 ½” unfinished.

26. Begin piecing Border Block E by sewing a nine patch using (1) color set created in Step 20c containing (9) 2 ½” squares, alternating colors throughout the block as shown.
27. Repeat to create (2) Border Block E per each color set totaling (4) blocks. Trim Border Block E to measure 6 ½” unfinished.
28. Sew (4) Border Block C together as shown in the diagram. Repeat to create (2) borders measuring 6 1/2” x 45 1/2” unfinished.

29. Sew (4) Border Block D together as shown in the diagram. Repeat to create (2) borders.

30. Sew (1) Border Block E onto both ends of the border. Repeat on both borders. The border should measure 6 1/2” x 64 1/2” unfinished.

**Quilt Assembly**

31. Create sashing for the quilt by sewing (1) Background Fabric 1 1/2” x WOF strip and (1) shorter Background Fabric 1 1/2” strip together end to end using a diagonal seam.

32. Repeat (5) times to create (5) long strips. Trim all strips to 1 1/2” x 48 1/2” for sashing.

33. Begin Border 1 assembly by trimming (2) Background Fabric 2 1/2” x WOF strips to 2 1/2” x 41 1/2” for the top/bottom borders.

34. Continue Border 1 assembly by sewing (3) Background Fabric 2 1/2” x WOF strips together end to end using a diagonal seam to create a long strip.

35. From the long Background Fabric strip, trim (2) 2 1/2” x 52 1/2” strips for the side borders.

36. Lay out the quilt top according to the quilt layout diagram, placing (1) Background Fabric 6 1/2” x 3 1/2” rectangle at the top and bottom of Rows 2, 4 and 6. Place (1) Background Fabric 1 1/2” x 48 1/2” sashing strip in between all rows.
37. Begin sewing the quilt top together in vertical rows, pressing seams away from the Flower Blocks. When complete the quilt top center should measure 45 ½” x 52 ½”.
38. Attach Border 1, sewing the top/bottom borders on first, followed by the side borders. Press seams outward toward borders.
39. Attach Border 2, sewing the top/bottom borders on first, followed by the side borders. Press seams toward Border 1 to complete the quilt top.
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40. Sandwich quilt with batting and backing. Baste quilt layers together using your preferred method. Quilt as desired.

41. Create binding using (7) 2 ¼” x WOF strips. Sew strips end to end using a diagonal seam to create (1) long strip. Trim seams to ¼” and press open.

42. Press the strip in half widthwise to create a long thin strip with wrong sides together.

43. Attach binding using your preferred method.
Flower Power Templates by Natalie Crabtree
featuring Garden Pindot by Michael Miller Fabrics

Key Block (29/50 actual size)

1 inch

Petal Template

Flower Center Template