YIN AND YANG Quilt
SIZE 52” X 62” | DESIGNED BY DENISE RUSSELL

FREE PATTERN AVAILABLE ON MICHAELMILLERFABRICS.COM
# Fabric Requirements

We do our best to make sure these are accurate yardages but these are estimates until the final pattern is completed and edited. Thank you.

<table>
<thead>
<tr>
<th>SKU</th>
<th>Yardage Per One Quilt</th>
<th># of Bolts for 12 Kits</th>
<th># of Bolts for 24 Kits</th>
</tr>
</thead>
<tbody>
<tr>
<td>(A) CX8038-BLACK</td>
<td>1/4 Yard</td>
<td>1 bolt (3 Yards)</td>
<td>1 bolt (6 Yards)</td>
</tr>
<tr>
<td>(B) DC8172-BLACK</td>
<td>2/3 Yard</td>
<td>1 bolt (8 Yards)</td>
<td>2 bolts (16 Yards)</td>
</tr>
<tr>
<td>(C) DC7988-WHITE</td>
<td>1-2/3 Yard</td>
<td>2 bolts (20 Yards)</td>
<td>3 bolts (40 Yards)</td>
</tr>
<tr>
<td>(D) SC5333-BRIGHT WHITE</td>
<td>2 Yards</td>
<td>2 bolts (24 Yards)</td>
<td>4 bolts (48 Yards)</td>
</tr>
<tr>
<td>(E) CX8032-Dalmatian</td>
<td>7/8 Yard</td>
<td>1 bolt (10-1/2 Yards)</td>
<td>2 bolts (21 Yards)</td>
</tr>
<tr>
<td>(Binding) CX8040-Black</td>
<td>1/2 Yard</td>
<td>1 bolt (6 Yards)</td>
<td>1 bolt (12 Yards)</td>
</tr>
<tr>
<td>(Backing) Your Choice</td>
<td>3 Yards</td>
<td>3 bolts (36 Yards)</td>
<td>5 bolts (72 Yards)</td>
</tr>
<tr>
<td>Total Bolts Needed</td>
<td></td>
<td>11 bolts (8 bolts w/o back)</td>
<td>18 bolts (13 bolts w/o back)</td>
</tr>
</tbody>
</table>

60” x 70” piece of batting

p.212.704.0774 | info@michaelmillerfabrics.com | www.michaelmillerfabrics.com
Black and White
Yin and Yang
Designed by Denise Russell
Finished quilt size: 52” x 62”

Fabric Requirements:
¼ yard CX8038-Black
½ yard CX8040-Black (binding)
2/3 yard DC8172-Black
7/8 yard CX8032-Dalmatian (border)
1-2/3 yard DC7988-White
2 yards Solid White (blocks and border)
3 yards Black and White fabric of your choice
60” x 70” piece of batting

Cutting
From CX8038-Black:
*Cut two (3-7/8” x WOF) strips. Sub-cut twenty 3-7/8” squares.

From CX8040-Black:
*Cut six (2-1/2” x WOF) strips for binding.

From DC8172-Black:
*Cut five (4-1/2” x WOF) strips. Sub-cut forty 4-1/2” squares. Cut twice diagonally. (Triangle A)

From CX8032-Dalmatian:
*Cut five (5-1/2” x WOF) strips for outer border.

From DC7988-White:
*Cut three (4-1/2 x WOF) strips. Sub-cut twenty 4-1/2” squares. Cut twice diagonally. (Triangle B)
*Cut twelve (3-3/4” x WOF) strips. Sub-cut eighty 3-3/4” squares.

From Solid White:
*Cut fourteen (3-1/4” x WOF) strips. Sub-cut 160 3-1/4” squares.
*Cut three (4-1/2” x WOF) strips. Sub-cut twenty 4-1/2” squares. Cut twice diagonally. (Triangle C)
*Cut five (1-1/2” x WOF) strips for inner border.

Block Assembly
All seam allowances are ¼” unless otherwise noted.

1. Draw a diagonal line on the wrong side of the Solid White 3-1/4” squares. With right sides facing, layer a Solid White square on the top right corner of one DC7988-White 3-3/4” square and stitch on the drawn line. Trim and press open. Sew another Solid White 3-1/4” square to the bottom left corner. Trim and press open. (Figure 1)
2. Sew a DC8172-Black triangle A to a Solid White triangle C (top unit). Sew a DC7988-White triangle B to a DC8172-Black triangle A (bottom unit). Press unit seams to opposing sides. Join the top and bottom units and press seam open. Repeat to make 80 patches. (Figure 2).

3. Noticing patch orientation, sew a patch from step 1 to both sides of a patch from step 2. Press seams away from center patch. Repeat to make 40 units. (Figure 3).

4. Sew two units from step 2 to two opposing sides of the CX8038-Black 3-7/8” square. Repeat to make 20 units.

5. Assemble blocks in rows as shown below (Figure 4). Press seams open.
**Quilt Top Assembly**

6. Lay out five rows of four blocks each. Sew the rows together in order, matching seams. Press seams in alternate directions for adjacent rows.

7. For the inner border, sew five Solid White 1-1/2” border strips together end to end using diagonal seams. Stitch a border strip to each side of the quilt center and trim the extra length. Press seams toward the border. In the same manner, stitch one border to the top and another to the bottom of the quilt center and trim the extra length. Press seams toward the border.

8. Repeat step 7 to make and add the outer border using the five CX8032-Dalmatian 5-1/2” border strips.

**Finishing**

9. Layer the quilt top, batting, and backing and quilt as desired.

10. Stitch the CX8040-Black binding strips together end to end using diagonal seams. Fold and press the resulting long strip in half lengthwise with wrong sides together. Stitch to the quilt front, matching raw edges and mitering the corners.

11. Fold the binding to the quilt underside and hand-stitch the folded edge to the quilt back.