

Burp Cloths

I love how embellishing a diaper can elevate it to a burp cloth. If you're lucky enough to find fabric with text on it, the burp cloth doubles as baby's first primer.



Materials Needed for one burp cloth:

1 prefold padded cotton cloth diaper
1 piece of fabric approx. 7 in. x 18 in.

These burp cloths will get a lot of use, so make sure to preshrink the diaper and fabric by washing them in hot water before sewing.

Iron the diaper so it stays flat. Some diapers have a little flap of fabric that sticks up on the side. Cut this off so it doesn't get in your way when sewing.



Fold the sides of the diaper down so that only the padded part is showing. This is the part that you will be covering. Place your fabric with right side facing up on top of this padded area.

*It's important to fold the sides down while you "test fit" the fabric, because if you simply attach the fabric panel where it looks like it should go (over the lines on the diaper), your panel will be off-center. Make sure to UNFOLD the diaper before you start pinning and sewing.



Fold down the edges of the fabric 1/2 inch on all sides and iron down. Pin in place.



Using the zig zag stitch, start sewing down one long edge first. Stop about 1 inch from the end of the panel and adjust to make sure that it is even with the end of the diaper. When you get to the corner and the needle is on the right, keep the needle in down position, raise the presser foot, and turn. Lower the presser foot and keep sewing. Continue around the perimeter this way. Backstitch when you get all the way around. Your corners should look like this:



If you have a serger, instead of sewing around the entire panel, zig zag with your sewing machine down the lengths first and then serge across both ends of the entire diaper. The ends look like this:



Make a few. You'll end up with a stack of burp cloths that are cute and useful. A perfect—and in this case, educational—gift for a lucky baby.

